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MIRROR IMAGE
THE FACE OF AIDS BELONGS TO US ALL
{pages 16-19}

TIMELESS GLAMOUR
RING IN THE BLING FOR THE HOLIDAYS
STYLE {page 38}

CALGARY metro®
Thursday, December 1, 2011
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News worth sharing.

Shaving. 'Stache

▶ Calgary Hitman, and winner of the first-ever Hitmen Mo Bro contest, Spencer Humphries shaves off fellow Hitman Collin Bowman's Movember moustache yesterday.

CANDICE WARD/FOR METRO

Ladies around the city rejoice!

Much like the Hitmen players, many of Calgary's men put the blade to skin yesterday, shaving off their prized Movember moustaches. To find out the results of Metro Calgary's Movember competition between editor and columnist, see page 6.

Ruling fuels dissent over impaired law

B.C. Supreme Court takes issue with provision of legislation, which is similar to proposed measure in Alberta

Some legal and hospitality industry representatives believe Alberta's new impaired driving legislation is on the rocks following a B.C. court ruling yesterday against similar measures in that province.

Justice Jon Sigurdson deemed B.C.'s new laws, which were introduced last year, unconstitutional because they allow police to slap an automatic 90-day driving suspension on a motorist who provides a blood-alcohol reading over .08.

New measures in Alberta currently being debated in the legislature take that penalty further, allowing for the suspension of a driver until the matter has been resolved in court.

Calgary defence lawyer Ian Savage said the measures will create an environment where some charged individuals will suffer for years before actually being convicted.

"They have gone, in my opinion, way over the top unconstitutionally by infringing on a person's rights to defend themselves by way of trial," he said.

Sigurdson's ruling did not seem to shake Alberta Justice Minister Verlyn Olson when reporters questioned him yesterday.

"As far as I know, any problems that were identified by the court in B.C. don't touch on our legislation, and we feel as though in fact it probably supports our legislation," he said.

Savage disagrees. Although government officials have said it could take three to four months before the new laws are actually enforced on Alberta roads, he and fellow defence lawyers have already begun meeting to discuss legal challenges against the measures.

Others within Alberta's hospitality industry maintained yesterday that they support legislative measures against repeat and chronic impaired offenders, but urged the province to pump the brakes on its current proposal.

"It's not even being put to a free vote," said Mike Yasinski, president of Hudsons Canadian Hospitality, which owns seven Alberta establishments. "It appears this bill is just being rammed right through.... At the end of the day, good legislation takes time."

JEREMY NOLAIS/WITH FILES FROM THE CANADIAN PRESS

Prosecuting drivers

▶ Alberta Justice Minister Verlyn Olson said yesterday his government is still committed to using the Criminal Code to prosecute motorists that provide a blood-alcohol reading over .08.

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No room for excuses when parking ban in place: City

- The city first called snow event meant to begin at 8 p.m. yesterday
- Parking ban was later revoked

KATIE TURNER
@METRONEWS.CA

Signs have been put up, email notifications sent out and thousands of courtesy notices have been issued, leaving few excuses for Calgarians in the event of a snowstorm.

The city had planned to enforce parking bans along designated snow routes for the first time yesterday but later lifted the advisory as weather conditions improved.

However, officials say they are working to provide Calgarians with ample information to ensure a high compliance rate when snow inevitably falls again.

Manager of the Calgary Parking Authority Troy McLeod said they mailed out 15,021 courtesy notices in the first two weeks of November to inform those parked along snow routes of the bans.

The city has estimated roughly 20,000 on-street parking stalls will be impacted by the ban.

"Hopefully, everybody has heard about the new ban, have seen the signs and have taken the necessary actions to at least understand what the ban means or when it's in effect," said McLeod.

In addition, Sean Somers of the city's roads department said more than 300 people had called 311 yesterday morning to inquire about the parking bans,

He said email notification signups had doubled from 1,500 Tuesday to more than 3,000 yesterday.

Gord Elenko, the city's manager of traffic, said the first few snowfalls will be a learning experience but added parking enforcement officers will have the ability to ticket and tow vehicles.

"We expect a high degree of compliance," he said.

Ban facts

- The fine for parking along a snow route during a ban is $40
- According to city officials, there are nearly one million on-street parking stalls available in Calgary but less than 20 per cent of those are impacted by snow-related parking bans.
- Calgarians can find more information and sign up for email notifications at calgary.ca/snow.

KATIE TURNER/METRO

▶ Manager of the Calgary Parking Authority Troy McLeod holds up one of the thousands of courtesy notices issued to Calgarians parked along snow routes earlier this month.

1 news

Google executive chairman Eric Schmidt says Congress is taking the wrong approach to fighting online piracy. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

We'll always have Movember: MPs put aside partisan differences to model their charity moustaches. Video at metronews.ca

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Teenager dies in suspected ecstasy overdose

JEREMY NOLAIS
@METRONEWS.CA

As a teenager lay dying in hospital yesterday after ingesting a substance believed to be Ecstasy, police were trying to track down others who may have used the drug.

The 16-year-old male victim, who is not being named, was rushed to hospital Saturday afternoon from the scene of an apparent house party in Harvest Hills.

A number of other individuals at the party were also taken to hospital as a precautionary measure and all have since been released.

"At this point, we are unsure as to the quantity of drugs that were in the home at the time of the party," said police Det. Dave Harms. "We do have some follow up interviews that we are conducting."

Police have said the victim suffered an "adverse reaction" to the drug but expect to know more once an autopsy is conducted on his body.

8

In all, eight teenagers were taken to Alberta Children's Hospital Saturday, suffering from adverse effects to a substance.

An anti-drug advocate told Metro earlier in the week that drug dealers often target high schools and other areas frequented by teens in hopes of offloading large quantities of product at once.

Dealers often cut ecstasy with other chemicals and household products to bulk up the amount of product available to sell, say Alberta Health officials.

Taking even one that has been laced with the wrong substance can be fatal, police warn.

Serious crash sends girl to hospital

Calgary EMS transported a 16-year-old girl to hospital with life-threatening injuries after a crash on Anderson Road and 14 Street SW yesterday.

According to police a 2001 Toyota Corolla, driven by the 16-year-old, lost control and crossed the centre median and struck a 2007 Toyota Camry.

Police say that alcohol is not a factor in the collision.

The police are still investigating the incident.

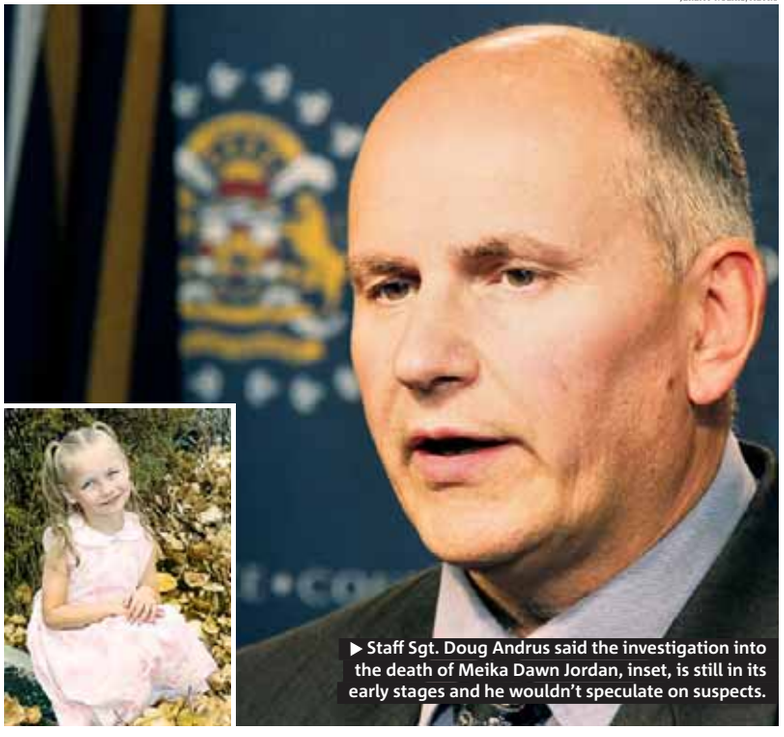
METRO

'Life-loving' girl was the victim of homicide: Cops

- Parents 'devastated' by yesterday's revelation by Calgary police
- Injuries are inconsistent with everyday activities of a child: Sergeant

JEREMY NOLAIS
@METRONEWS.CA

JEREMY NOLAIS/METRO



▶ Staff Sgt. Doug Andrus said the investigation into the death of Meika Dawn Jordan, inset, is still in its early stages and he wouldn't speculate on suspects.

Six-year-old Meika Dawn Jordan treated every day like a new adventure.

Sadly, Calgary police now believe someone is responsible for her death.

The youngster was inside the Temple residence belonging to her biological father and stepmother Nov. 14 when emergency personnel were called.

Jordan was rushed to the hospital but later died. Autopsy results revealed yesterday indicate a homicide occurred, but Staff Sgt. Doug Andrus said police are keeping an "open mind" when it comes to determining who is at fault.

"We have to look at who had access to the child," Andrus said, adding Jordan's siblings, also in the home at the time of her death, may have witnessed what occurred.

Andrus said Jordan's caregivers are being "somewhat co-operative" with the investigation.

Results of the autopsy were taken particularly hard by Jordan's other pair of caregivers, mother Kyla Guttman and stepfather Brian Woodhouse, who received a call from police around midnight Nov. 15 informing them of a "tragic accident."

"We have all had it in the back of our mind since Day 1, but it's still devastating to be told that our little girl was murdered," Woodhouse said yesterday. "She was the most, exuberant, life-loving person that's ever been on this planet."

Case info

- Police Staff Sgt. Doug Andrus said Jordan's death came as a result of blunt-force trauma and did not appear to be a result of falling down the stairs, which had been suggested in some previous media reports.
- Meika Dawn Jordan's biological parents separated fours years ago and had been sharing custody since, said stepfather Brian Woodhouse.
- The sensitive nature of events surrounding Jordan's death led to the delay in police determining what happened, according to a release.

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Public board adds more than 200 teachers

- Hirings come after cash injection from province
- Schools take individual approach in allocating funds

JEREMY NOLAIS
@METRONEWS.CA

Calgary public-school principals have been busy bolstering their teacher rosters, adding more than 200 full-time positions since being granted new funds by the province.

Calgary Board of Education trustees voted last month to hand back $15 million to principals after being granted the cash by Alison Redford after her designation as premier.

Trustee Joy Bowen-Eyre, who has children in two CBE schools, says the additional staffing is already having an impact.

In one school alone, she recalled the principal being able to add several learning support staff and replace a librarian who had previously been let go.

"It was a really creative way to ensure all the kids got a little extra support," she said. "In my opinion as a parent, the kids who have the highest needs got the most support."

Jenny Regal, of the Alberta Teachers' Association, deemed the hiring a "step in the right direction", but said it still falls far short of the overall number of positions lost during budget cuts over the past two years.

Larry Leach, president of the Association for Responsive Trusteeship in Calgary Schools, said while the provincial funds were a welcome addition, they do little to address concerns about top-heavy administration costs within the CBE.

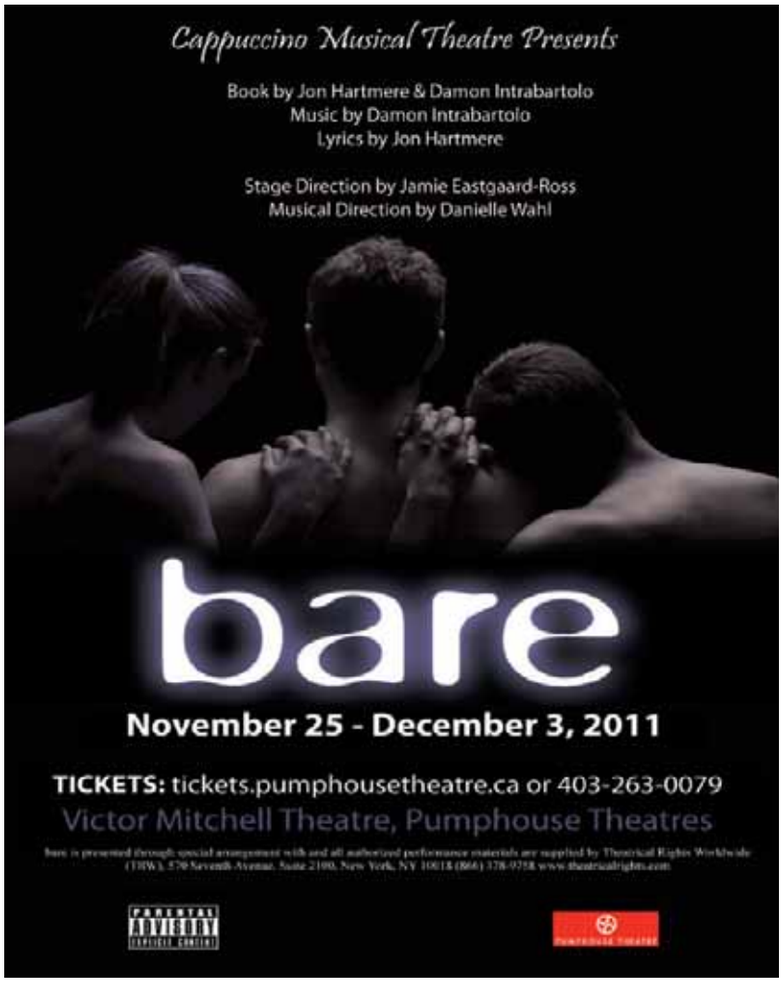
"I'm still eager to see if anything has changed in the new budget," he said.

Teacher, teacher

- **The Calgary Board of** Education has rehired 158 full-time classroom teachers, replacing nearly all of the 171 frontline positions lost during budget negotiations in the spring. As well, 44 education assistants and eight English-language-learning assistants were hired, according to a press release.
- **Calgary Catholic School** District representatives could not be reached for comment yesterday, but had previously committed to hiring at least 30 new teachers using a portion of their $9-million boost from the province.
- **Education Minister** Thomas Lukaszuk told parents during a teleconference Tuesday evening that efforts are being made to implement annual, sustainable funding for education in the province, but he did not provide specifics.

SHELLEY WILLIAMSON/METRO FILE

▶ The Redford government presented an apple to the Calgary Board of Education in the form of a $15-million cash infusion. The money has enabled the board to rehire many teachers who were laid off in the spring.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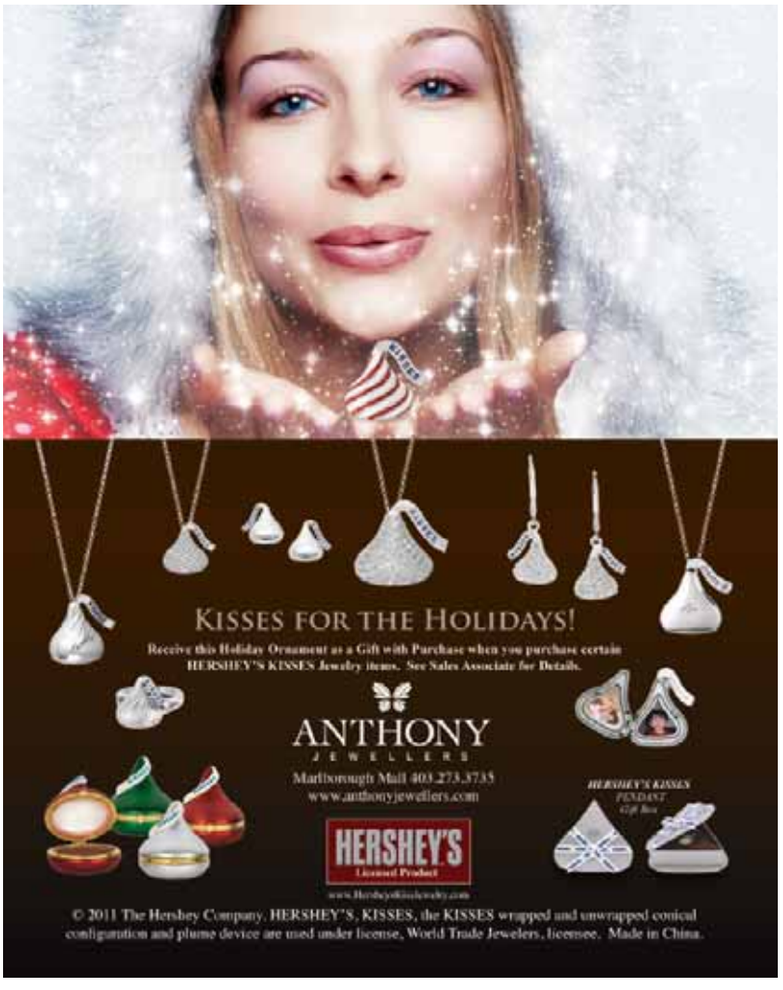
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Movember comes to a hairy end

- Both participants had a goal to raise $1,000 each
- Winner donated $250 to their opponent's campaign

KATIE TURNER
@METRONEWS.CA

It's been a long month filled with mocking, strange looks and itchy upper lips but Metro's Movember challenge participants have made it to the other side.

At the onset of Movember, Metro columnist Mike Morrison issued a challenge to Metro editor Darren Krause: who could grow the best mo' as voted on by Metro readers.

Last week, readers began casting their votes and ultimately named Krause as the winner.

"This is going to sound really cliché but I wasn't thinking about winning it," said Krause.

79% Metro editor Darren Krause won the hearts of readers with his moustache-and-sideburn combo, and by the end of yesterday he had 79 per cent of the votes.

KATIE TURNER/METRO

▶ Metro editor Darren Krause, left, emerges victorious after a month of moustache growing against Metro columnist Mike Morrison.

"I wanted to raise money and awareness ... it didn't matter to me if I won."

While Krause won the 'stache category, Morrison took the prize for Mo' money.

"It was seriously amazing," he said.

"As the Movember movement gets bigger, the donations are more spread out, so I truly appreciated each and every donation."

After having seen both his father and grandfather deal with prostate cancer, Morrison said the most important lesson to take away from Movember has very little to do with mustache growing.

"I'm not concerned as much about the moustache as I am about guys getting tested for prostate cancer," he said.

"If you think you might be at risk, get tested!"

Mo' money

- As of yesterday, Darren Krause had raised $1,065.
- Mike Morrison had raised $1,281.

First Nation sues Shell

An Alberta First Nation is suing Shell for allegedly failing to live up to community funding agreements.

The Athabasca Chipewyan First Nation is seeking damages from the oil and gas company.

Officials from the First Nation, just north of Fort McMurray, say the company is trying to change the terms of agreements that date back to 2003.

The lawsuit comes amid growing controversy over the impact of oilsands development on local aboriginal communities. The suit claims that Shell promised to provide the northern community with cash for development, education and other programs.

Chief Allan Adam says the suit is connected to a health-related project that Shell refuses to fund. "What they wanted to do was that they wanted to control us about how we would conduct our community-based monitoring in the community of Fort Chipewyan," said Adam.

The chief says Shell has refused to deal with the Chipewyan Nation on the terms of past agreements.

THE CANADIAN PRESS

News in brief

RCMP find newborn's remains

SEARCH. Alberta RCMP have found human remains in a landfill after a five-day search for a newborn baby. RCMP Sgt. Patrick Webb says officers had been searching the landfill on the Saskatchewan side of Lloydminster, since Friday. Webb says police got a 911 call on Nov. 19 about a woman experiencing medical difficulties after giving birth and the newborn being unaccounted for. An autopsy is being conducted. No charges have been laid.

THE CANADIAN PRESS

According to ...

Among commissioner's recommendations:

- Province should create a policy on multiple government-issued e-mail addresses.
- Ministers should maintain a listing of all government-issued e-mail addresses.
- Records and FOIP training should be provided to each of the minister's staff.
- All ministry records should be captured by records retention disposition schedule.

Secondary emails are OK: Privacy Commissioner

There's nothing wrong with provincial ministers having government-issued secondary email addresses, says Information and Privacy Commissioner Frank Work.

Work provided recommendations yesterday when an email protocol review was ordered after allegations a secondary email used by then energy minister Ted Morton was providing a shield against Freedom of Information and Privacy (FOIP) requests. During the review, Work learned several ministers uses secondary e-mail addresses to help manage internal and external communications.

Work acknowledged several email addresses may be used to manage volume, but noted that all emails are records under the FOIP Act and must be managed in accordance with the law.

METRO

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Each year around this time, ETS volunteers head out to Save-on-Foods to collect non-perishable donations for Edmonton's Food Bank and try to literally stuff a bus. Since the beginning of this great partnership that started 16 years ago, the campaign has collected over 280,000 kilograms of food and over $310,000 in cash donations.

This Saturday, December 3, from 8:00am - 5:00pm we welcome you to bring a donation and join the festivities as ETS volunteers will be on-site at all 13 Edmonton Save-On-Foods locations. Strathcona County Transit will be at all Sherwood Park locations.

Denise Kirkpatrick, ETS Community Relations says that this years goal is to collect 30,000 kilograms of food, which will feed approximately 500 families for one month. Help ETS and our campaign partners, Save-On-Foods, JOE FM, Global TV, The Edmonton Sun and Strathcona County Transit, achieve this goal.

Don't forget that the best food donations include items such as beans, canned meat, children's snack items, pasta and peanut butter. Hope to see you there.

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Judge will review MLA pay and perks

A retired judge from the Supreme Court of Canada has been picked to examine the pay and perks of Alberta's politicians.

John Major has been appointed by Speaker Ken Kowalski to undertake the review, which could take up to four months.

Major has also served on the Alberta Court of Appeal, and headed an inquiry into the bombing of Air India Flight 182.

Kowalski was directed to set up the inquiry by Premier Alison Redford.

During her recent successful campaign for the party leadership, Redford promised a review into pay and perks for politicians. The issue became a lightning rod of controversy after former premier Ed Stelmach ordered up 30 to 34 per cent raises for himself and his cabinet after the 2008 general election.

THE CANADIAN PRESS

Drop-In staff take to the roof

Two staff at the Calgary Drop-In and Rehab Centre will be taking homelessness from the streets to the roof as they prepare to camp out for three days.

Dave Tod, manager of fund development, and Louise Gallagher, director of public relations, plan to camp on the roof of the building to raise funds and awareness.

"The intention really is to draw attention to the whole issue of camping out," said Gallagher, adding they hope to gain a new understanding of what their clients experience.

The two will be sleeping in a tent from Dec. 5-8 but will be joined over the course of the 72 hours by staff, clients and local celebrities. On Dec. 6, the executive team will also hold their weekly meeting on the roof.

$30K The goal is to raise $30,000, which is the cost of sheltering and feeding 500 individuals for three days at the Drop-In.

Gallagher said she hopes this initiative will help to highlight the need for a place like the Drop-In Centre in Calgary. KATIE TURNER

Opening bell rings for U of C's new finance lab

Murray Edwards, title sponsor, rang the ceremonial bell to start the trading day at the facility Edwards donated half-million dollars

COURTESY MARK SKOGEN/U OF C

▶ The new N. Murray Edwards Trading & Finance Lab, pictured here, had its official opening at the U of C yesterday.

CANDICE WARD
CALGARY@METRONEWS.CA

The students at the Haskayne School of Business at the University of Calgary, now have a trading-floor/finance lab of their very own.

"This lab really excites me because it is on the third floor of my business school," says Christian Erana, bachelor of commerce student and finance major.

"This lab will help improve the competitive advantage that University of Calgary students have, setting us all up for success when we graduate and seek employment in industry."

The N. Murray Edwards Trading & Finance Lab will allow students to learn how to use trading-information systems such as those made by Thomson Reuters and Bloomberg to evaluate trades in stocks, bonds and commodities.

"The opening of the new trading-and-finance lab at University of Calgary is a recognition of the importance of giving back to the community of Calgary," says Murray Edwards, vice-chairman of the Board of Canadian Natural Resources Limited, as well as owner and president of Edco Financial Holdings Ltd., in a release.

"It is a contribution to the Haskayne School of Business for the leadership role it has in providing students with the financial tools they need to become future Calgarian and Canadian business leaders."

The new 18-seat lab will be used in investment, risk management and capital budgeting courses.

At a glance

- Each work station in the lab is named after their $35,000 investor.
- Calgary is one of the top three finance centres in Canada.
- Currently has 3,000 students in all programs.
- Haskanye has 20,000 alumni in 60 countries.

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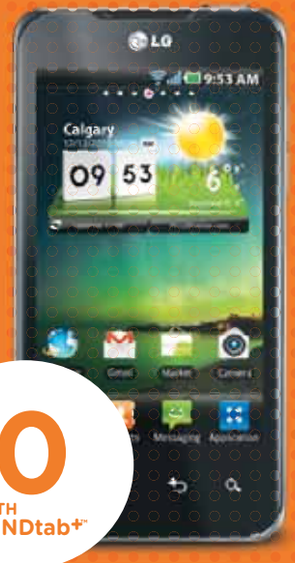

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News in brief

Reserve loses control of cash

CRISIS. The federal government is taking control of public funding out of the hands of a Northern Ontario reserve grappling with a severe housing shortage.

Aboriginal Affairs Minister John Duncan says he's also ordering an audit to find out where $90 million in federal money spent in Attawapiskat has gone over the last five years.

THE CANADIAN PRESS

42 dogs freed at puppy mill

CITIZEN'S TIP. Officials say 42 dogs have been rescued from a puppy mill in a community east of Woodstock, Ont., after an anonymous tip.

The Ontario SPCA says dogs were found living in houses too small for them in Creditville.

Dogs were tied to walls with very short leashes or left outside with no shelter.

THE CANADIAN PRESS

Teen charged in BBQ dine and dash

FOOD'S UP. A Halifax teen was apparently in need of a hearty meal when he allegedly broke into a home early yesterday and fired up the grill.

Police say a Fairview resident awoke to flames near his garage.

He discovered the barbecue and burning ribs stolen from a freezer in his garage.

An 18-year-old was found hiding nearby. He faces charges including break and enter, theft, possession of stolen property and carrying a concealed weapon. METRO

Was she a loving spy?

Were Tories asleep at the wheel? Ex-China spy says they erred over MP's relations with Chinese scribe

A defector from China's spy service has sent a security warning to Ottawa.

Li Fengzhi says the Conservatives should have been more concerned when one of their MPs was exposed having a relationship with a reporter for China's state news agency.

Li, a former agent with China's Ministry of State Security, says politicians such as Foreign Affairs parliamentary secretary Bob Dechert are a top target of Chinese spies.

Dechert's affair with Toronto-based Xinhua reporter Shi Rong was revealed when someone hijacked her e-mail account and forwarded intimate messages she received from the Mississauga politician last year. The leak was traced back to an apparent domestic dispute with her husband.

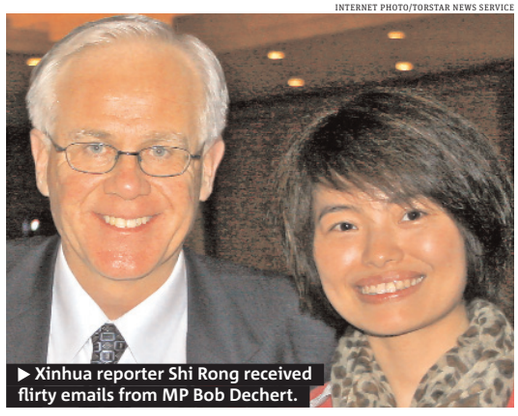
Li said it's not possible to say with certainty that Shi sent intelligence back to Beijing, but the act of striking up a relationship with an elected official fits the modus operandi of Chinese spies.

"That's the normal way to get the job done," said Li.

He defected to the U.S. in 2003 and is now believed to be working for the Central Intelligence Agency. He was speaking to a high-level Quebec conference on espionage through video link. For security reasons, his location was not disclosed.

TORSTAR NEWS SERVICE

INTERNET PHOTO/TORSTAR NEWS SERVICE



▶ Xinhua reporter Shi Rong received flirty emails from MP Bob Dechert.

Love and risks

- Despite his declarations of "love" for the reporter, the married Dechert said that their relationship was merely "flirtatious."
- Shi was called back to China when the relationship hit the news. And that is just another reason to be suspicious, Li Fengzhi said.
- "If the lady was called back to China very soon, I think it's possible she has some relationship with the security services — even if she's not an official agent of the Chinese security services," he said.

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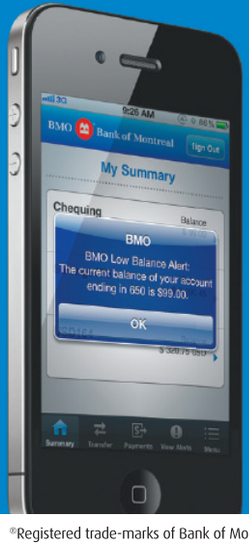

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KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

▶ British police officers stand guard outside the Iranian Embassy in London yesterday. Britain's foreign secretary ordered Iranian diplomats out of the U.K. following attacks on the British embassy and a residential compound in Tehran.

IRAN'S DIPLOMATS BOOTED

Britain yesterday ordered Iran to remove all its diplomats from the U.K. within 48 hours following attacks on its embassy and a residential compound in Tehran — one of the most significant diplomatic retaliations against Iran since the 1979 U.S. embassy crisis.

Foreign Secretary William Hague told the House of Commons that Britain had also withdrawn its entire diplomatic staff from Iran after angry mobs hauled down Union Jack flags, torched a vehicle and tossed looted documents through windows.

The rare move to kick out a country's entire diplomatic corps marks a significant souring of ties between Iran and the West, amid deepening suspicions over Tehran's pursuit of nuclear weapons. THE ASSOCIATED PRESS

Outrage floods Britain

Country's largest strike in over 3 decades ◐ 2M public-sector staff stop working ◐ State-run schools close ◐ Non-urgent hospital operations halted

Paramedics, emergency crews, teachers and even some employees from the prime minister's office took to the streets of Britain for the country's largest strike in decades — drawing attention to government cuts but failing to bring the nation to a standstill.

Public sector employees staged the one-day walkout Wednesday over government demands that they work longer before receiving a pension and pay more in monthly contributions, part of austerity measures to tackle Britain's $1.5 trillion debt.

The strike came a day after the government announced that public sector pay raises will be limited to 1 per cent through 2014 — even as inflation now runs about 5 per cent.

LEFTERIS PITARAKIS/THE ASSOCIATED PRESS

▶ An anti-corporate protester dressed as a police officer mocks real British police officers in central London yesterday.

Prime Minister David Cameron defended the government's stance in Parliament, insisting that "as people live longer it's only right and only fair that you should make greater contributions."

"I don't want to see any strikes, I don't want to see schools closed, I don't want to see problems at our borders, but this government must make responsible decisions," Cameron told the House of Commons.

Treasury Chief George Osborne insists public pensions must be reformed. A government report suggests the gap between contributions and payments could rise to $14 billion by 2015. THE ASSOCIATED PRESS

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U.S. gets bad rep on climate talks

- Non-profits stress urgency of finding solution to climate change
- Remind Rodham Clinton of Obama's presidential pledges

Leading American environmentalists complained to Secretary of State Hillary Rodham Clinton that her negotiators at U.N. climate talks risked portraying the U.S. as an obstacle to fighting global warming because of its perceived foot-dragging on key issues.

Separately, European delegates and the head of the African bloc at the 192-party talks on Wednesday also denounced U.S. positions at the talks, which are seeking ways to curb the ever-expanding emissions of heat-trapping greenhouse gases.

"Developed countries as a whole are not taking climate change seriously as a global issue," Seyni Nafo, of Mali, told The Associated Press. "Look at the U.S. We use and we welcome their leadership on democracy, on access to markets, on human rights issues. We would want to have the same leadership to tackle climate change, because for us in the developing world the biggest threat, the biggest enemy, is climate change."

"This is a critical meeting, and we are rapidly running out of time to avert the worst impacts of climate change."
– LETTER TO U.S. SECRETARY OF STATE HILLARY RODHAM CLINTON SIGNED BY THE CHIEF EXECUTIVES OF 16 MAJOR NON-PROFIT GROUPS

Discontent directed at Washington came as the U.N.'s top climate scientist, Rajendra Pachauri, warned the conference's 15,000 participants that global warming is leading to human dangers and soaring financial costs, but that containing carbon emissions will have a host of benefits.

Although he gave no explicit deadlines, the head of the Intergovernmental Panel on Climate Change implied that the world only has a few years before the Earth is irreversibly damaged by accumulations of carbon in the atmosphere.
THE ASSOCIATED PRESS

Oil. Protest

▶ Indigenous people from Canada and South Africa demonstrate against the Tar Sands oil project near Alberta to be developed by the Shell oil company on the outskirts of the city of Durban, South Africa, yesterday

SCHALK VAN ZUYDAM/ AP PHOTO

Activists unite for climate cause

The U.N.'s top climate scientist cautioned climate negotiators Wednesday global warming is leading to human dangers and soaring financial costs, but containing carbon emissions will have a host of benefits.

Unlikely source of carbon

Massive amounts of greenhouse gases trapped below thawing permafrost will likely seep into the air over the next several decades, accelerating and amplifying global warming, scientists warn. Those heat-trapping gases under the frozen Arctic ground may be a bigger factor in global warming than the cutting down of forests, and a scenario that climate scientists hadn't quite accounted for.
THE ASSOCIATED PRESS

300 billion metric tons of carbon will belch from thawing Earth from now until 2100, according to scientists.

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AIDS was the major domestic public-health crisis of the '80s and '90s More recently, as medical research has provided longer and better lives to sufferers, the disease is no longer seen in this country as a certain death sentence Today, World AIDS Day, Metro takes stock of how far — and in what direction – we've come

HIV up among women, youth

World AIDS DAY '11

Men may make up the largest group of new HIV infections in Canada, but recent findings point to new demographics whose infection rates are on the rise: youth and women.

Thirty per cent of females diagnosed with HIV are between the ages of 15-19, up 16 per cent from 1996, says a report by the Public Health Agency in Canada.

Since 1985, youth between the ages of 15-29 have accounted for 26.5 per cent of new HIV cases.

These numbers prompted the Canadian AIDS Society to launch a month-long awareness campaign, called Get Out And Do Something, which targets youth.

"It was designed for youth because we are seeing a complacency," said Monique Doolittle-Ramas, executive director of the Canadian AIDS Society.

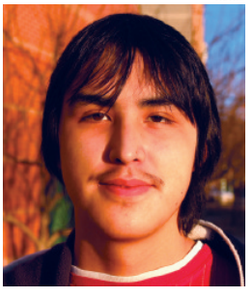
"(Many youth) actually thought the (AIDS) treatment was a cure."

She said part of the problem is that the issue isn't in their face.

"You can't look at somebody and say, 'This person has HIV.' (But) it's in every community, every neighbourhood."

Doolittle-Ramas said many people don't realize that women represented 26 per cent of positive HIV tests in 2008.

METRO



"I think ... dating sites (affect the choices people make). I think people still need to be in their right mind, though."
TYSON SIMON, 20, CALGARY

Despite that, young girls are often schooled to use condoms to prevent pregancy and STIs but not necessarily HIV.

"We need to be comfortable having that discussion and I'm not sure we are," she said.

Andre Ceranto, a co-ordinator at AIDS Committee of Toronto (ACT), said some women are contracting the illness from their monogomous partners.

"Asking serious questions such as 'Have you been tested for HIV?' remains a taboo subject even in relationships," he said.

Dr. Even Wood, co-director of the Addiction and Urban Health Research Initiative at the B.C. Centre for Excellence in HIV/AIDS, says Canada's drug laws are fuelling an increase of HIV transmission among young women.

"(Jail) ... drives vulnerable groups to the margins of society, where HIV is more likely to spread," he said.

Doolittle-Ramas said she doesn't think Canadians realize that 65,000 people in this country are living with HIV-AIDS.

"It's a discussion we have to have," she said. "Unfortunately it does not lead in media stories any longer, so we have a big job to get the information out."

KENDRA WONG IN VANCOUVER

Metro's AIDS feature continues {pages 17, 18 & 19}

To complete an online quiz, visit metronews.ca/AIDSday

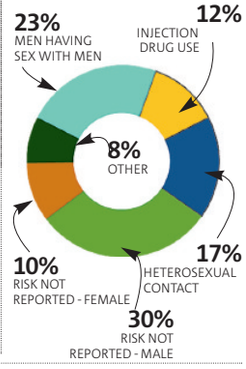
For a full list of AIDS Day-related events across Canada, visit worldaids.ca

Distinction

- **HIV.** Human immunodeficiency virus is transmitted through sexual fluids or blood. The virus affects the immune system and inhibits its ability to fight off infection. HIV can develop into AIDS within an average of ten years.
- **AIDS.** Acquired immune deficiency syndrome is diagnosed when a person's white-blood-cell count drops below 200 (the average is between 600 and 1,200). The immune system becomes severely weakened and is no longer able to fight off infection.

Risk analysis

Among those who have tested positive for HIV in Canada, the following behaviours were reported:



In Edmonton

As of 2009

- Ages 15 to 24: 9 new female diagnoses.
- Ages 15 to 24: 21 new male diagnoses.
- Ages 25 to 34: 26 new female diagnoses.
- Ages 25 to 34: 40 new male diagnoses.
- In all of Alberta, total number of new diagnoses: 219.
- Rob Poole, community education facilitator with HIV Edmonton, says, "We just want the numbers to keep going down."

SOURCE: 2009 HIV/AIDS STATISTICAL SUMMARY FOR ALBERTA

In Calgary

Total number of cases diagnosed last year (statistics not categorized by age): 79.

That number is down 24 per cent from 2009; however, Alberta Health Services does not track the overall number of tests, meaning others may be HIV-positive but don't want to publicly disclose it.

"We would like to think we are getting out there a bit more with our messaging regarding safer sex," said AIDS Calgary executive director Simonne LeBlanc.

METRO

Your tweets

Are today's youth better or worse educated on HIV? Does online access influence that?

- **@SueNDN:** not educated enough!! talked to a public health nurse who said 5 diagnoses were made in one wk w teens and hiv :(
- **SurviveNGrind courtney smith:** @metrotoronto I find that the internet doesn't censor certain things and gives negative exposure to the youth, a lot of access to porn i.e

Does where people meet these days have any bearing on safe sex (stranger in a bar vs. a stranger online)?

- **@Clj1965 :** @metrohalifax both a bad idea
- **@donnaleaelliott:** @metrotoronto I think ppl think the internet dating scene is safe,some ppl talk for weeks b4 meeting in real life so they think it's safer.
- **What has changed with regard to HIV-AIDS in the last 20 years? Perceptions, prevention or other? Let us know what you think!**
- **@Sarb28:** Magic Johnson has the cure but he doesn't want to share.
- **@daphtpunk:** @metrotoronto I think perceptions, prevention, and awareness.. remember Degrassi episode when scared to touch kid w/ HIV?

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Imitation of life?

It's not scientists, politicans, activists or community organizers who are most responsible for how the public-at-large perceives HIV-AIDS in North America. It's the denizens of the culture industry: actors, singers, directors, writers and animators.

Those who came of age in the 1980s were inculcated with one view of what AIDS was, what sort of person got it and what could be done about it; those who came of age in the 1990s developed a view of their own. Those who came of age in the last decade, the research shows, have a view of the pandemic that couldn't have existed in former times — and it's all because of what their popular culture is telling them.

METRO

TORSTAR NEWS SERVICES FILE

1985: Death of Rock Hudson

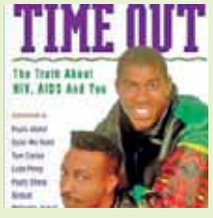
The '50s matinee idol's AIDS-related death in October 1985 was a seismic moment in the disease's history, prompting the public to rethink knee-jerk reactions that had characterized AIDS sufferers as deviants. Donations to research efforts flourished in the wake of the actor's death.

FRANK MICELOTTA/GETTY IMAGES

1991: Salt-N-Pepa "Let's Talk About Sex"/"Let's talk about AIDS"

S-n-P's mega-hit (and alternate version, which more directly addressed the pandemic) is a mark of AIDS' destigmatization in the mainstream. To the kids doing the running man to this track at middle-school dances, AIDS was everyone's problem, not just a gay problem.

IMDB.COM



1992: Magic's crusade

It would be hard to name an organization with more youth cachet circa 1991 than the NBA, and it would be even harder to name a man more widely loved than Magic Johnson. The HIV-positive superstar played on the Dream Team, stayed cool with Arsenio and has since proved that life after diagnosis can be long and rich.

REED SAXON/THE ASSOCIATED PRESS

1994: Tom Hanks wins Oscar for Philadelphia

Perhaps unsurprisingly it took almost 15 years for Hollywood to provide its mass audience with a sympathetic portrait of a well-to-do white man with AIDS. It's also instructive to consider how resolutely this narrative — that of the AIDS sufferer's stoic reckoning with a death sentence — has been abandoned.

MELINDA SUE GORDON/SMPSP

2004: Team America: World Police

Cut to 10 years later: the South Park guys' score a hit with Everyone Has AIDS, a musical mockery of the solemnity of Rent, which debuted on Broadway in the mid-'90s. Back then, the song would have been seen as malicious; in the mid-aughts, tellingly, it was merely irreverent.

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SEARCHING FOR THE POSITIVE IN BEING POSITIVE

MEMOIR

CHRISTOPHER WILSON
FOR METRO

July 2002: I was diagnosed as HIV-positive at age 28. I remember clearly when the nurse at the Hassle Free Clinic in Toronto asked me how I was feeling after he spoke the words. I replied, "Shocked. Yeah, shocked." I knew that I had been with a positive partner in the past and that not all of our sexual practices had been safe. I had sincerely hoped not to keep a souvenir from that relationship.

I was terrified, and within an hour of leaving the clinic I found myself in the fetal position on a downtown sidewalk — in broad daylight — sobbing. Strangers stopped to see if I was all right, but their kind faces from that day remain an emotional blur in my consciousness.

I eventually met my now ex-husband. He entered our relationship HIV-negative and remained so for the time we were together.

Four years ago, my doctor informed me that it was time to begin antiretroviral treatment. I became angry and resentful, not wanting to admit to myself that I would now be reliant on drugs to survive. I didn't take his advice and later contracted an AIDS-related form of pneumonia that nearly killed me.

December 2012: I'm living vibrantly with HIV. The virus is certainly a part of my life, but it in no way defines who I am. I'm now divorced; my ex-husband could not ultimately negotiate this "thing" living inside of me.

I date casually, though I occasionally struggle with disclosure issues and potential rejection with HIV-negative men. But, in all honesty, I walk each day with the intention of finding the positive in being positive.

Living with HIV can certainly be complicated, but I have learned that even the most seemingly insurmountable obstacles can be overcome. Yes, there have been health casualties and relationship losses along the way. But there has also been a great deal of strength and insight that I have learned from my journey.

Ultimately, HIV and its presence in my life, has led me to a much deeper and richer understanding of myself and the world in which I live.

Christopher Wilson is the writer-composer of the new musical drama Living With Henry, which explores his life experiences and seeks to educate, inform and inspire others. It premiered at this year's Toronto Fringe Festival. A new production will be staged at the Next Stage Festival from Jan. 4-15 at the Factory Theatre Mainspace.
livingwithhenry.com

Fighting AIDS in Peru

CHRISTIAN PEÑA

▶ Hogar San Camilo serves as a treatment clinic, a place for counselling, for families who are HIV positive.

We arrive to a home for HIV-positive parents and children in one of the poorest areas of Lima, Barrio Altos.

The centre is considered the last safety net for families in need who have few places to go for care in the city. Since its opening in 1995, its helped thousands of families, and its waiting list is growing every year.

The founder of the centre, Italian priest Zeffirino Montin, greets us. He points to a mural on the wall which quotes a mother who was HIV positive. "My three children were born without HIV thanks to treatment," it reads.

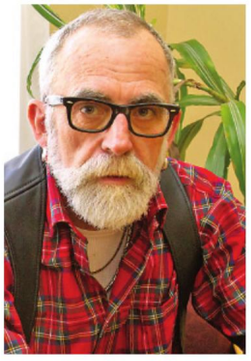
"We have various families and children that arrive every month and come here for treatment," Father Montin says. "This place is mostly for the children of affected mothers and children with HIV."

A new program is expected to "create a new, extended family," for orphans left behind by HIV-positive parents.

METRO

Bruce, 46. Born and raised in St. Catharines, Ont.
On the face of HIV: "It was considered a gay disease. (Now) it's all walks of life. It could be your cousin, it could be your grandmother."

Cindy, 43. Born and raised in Toronto.
On HIV in her life: "My best friend in the whole world — we didn't talk again because she wouldn't let me hold her baby when it was born.... It impacted all of my decisions."



James, 57. Born and raised in Cape Breton.
On his buying habits these days: "I went to ask my doctor, and he said, 'You're not going to die of AIDS, you'll die of old age.' So I went out and I bought the (photo) enlarger."

The Face of HIV in Canada

One was a paediatric nurse; another a tradeshow exhibitor; another a musician and actor. Some are straight, some gay, some educated professionals; another was a runaway who lived many early years on the streets. Together, they represent the face of HIV — diverse in gender, sexuality, profession and upbringing.

In the leadup to World AIDS Day, Metro visited Toronto's Casey House. Once considered a hospice for those with AIDS to go in their final days, it's now a growing outreach centre as people living with HIV are living longer than ever.

Here we share some of their stories and important messages in this new age of HIV treatment.

For more photos and full profiles, go to metronews.ca/AIDSday. For more of Metro's coverage of World AIDS Day, see page 16.

TEXT **EVA SALINAS** PHOTOS **CHRISTIAN PEÑA**

Kenneth, 51. Born and raised in Hong Kong, moved to Winnipeg at 16 on a student visa.
On prejudice: "I was bullied once — they called me a chink. Now people judge me because I'm blind. We adapt."

Kevin, 48. Born and Raised on St. Joseph's Island, northern Ontario.
On medication: "You remember how fragile you are as a human being every time you pop those pills."

Tonie, 48. Born in Alberta but adopted by a family in the U.S., where she grew up.
On HIV: "I wouldn't wish this on anybody. I would wake up and think, 'What, am I going to die this year?'"

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Shamed in 'his' jail

Prison was named after ex-sheriff
Now he's there in meth-sex case

A well-respected former Colorado sheriff was being held yesterday in the Patrick J. Sullivan Jr. Detention Facility in Arapahoe County.

His name: Patrick J. Sullivan Jr.

Sullivan, 68, was detained on a half-million-dollar bond in the jail named in his honour.

He is suspected of offering methamphetamine in exchange for sex from a male acquaintance.

Arapahoe County chief judge William Sylvester yesterday doubled Sullivan's bond. His attorney protested the increase because no charges have been filed.

Sullivan appeared in court dressed in an orange jail uniform. He walked with a cane and had handcuffs on his wrists that were attached to a chain around his waist.

Police say they learned from two informants that Sullivan was dealing meth but would sell it only if they had sex with him. He was arrested after police set up a sting at a home.

THE ASSOCIATED PRESS

Career highs

- In 2002, Sullivan was praised in the congressional record on his retirement.
- Sullivan was cited for promoting homeland security, for being named Sheriff of the Year by the National Sheriff's Association in 2001, and for his work in Colorado's George W. Bush for President committee.

R.J. SANGOSTI/DENVER POST/THE ASSOCIATED PRESS

▶ Former sheriff Patrick Sullivan stands accused yesterday. He was sent to the jail that was named in his honour.

10 PEOPLE HELD

Anti-mafia crackdown nets judge

An Italian judge, politician and police official are among 10 people detained in a crackdown on the 'Ndrangheta crime syndicate.

Milan prosecutors said the investigation was conducted jointly by anti-mafia authorities in Milan and southern Reggio Calabria.

Last year, a major investigation that netted some 300 arrests showed the 'Ndrangheta wasn't just a southern association of clans, but rather a structured organization that had infiltrated itself into northern Italy's political and financial worlds.

Among those arrested yesterday was Judge Giuseppe Giglio of Reggio Calabria, accused of corruption, revealing office secrets and helping his wife get a job.

THE ASSOCIATED PRESS

Taxpayers file ... bags of snakes

Two farmers fed up with alleged bribery demands emptied three bags filled with snakes in a busy tax office in northern India.

The 40 or so snakes — including at least four deadly cobras — sent people climbing atop tables and scurrying out the door in Basti, about 300 kilometres southeast of Lucknow.

"Snakes started climbing up the tables and chairs," said an official, Ramsukh Sharma. "There was total chaos."

No one was bitten. Police and officials captured the snakes.

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Mission to Myanmar

Hillary Clinton carries the hopes of the White House with her as she travels to long-isolated nation ◐ Historic trip boosts prospects for reform

VINCENT THIAN/THE ASSOCIATED PRESS

▶ U.S. Secretary of State Hillary Rodham Clinton arrives at the airport in Naypyitaw, Myanmar, yesterday.

Small steps

- U.S. officials are cautious about what Clinton's three-day visit can accomplish beyond being a symbolic stamp of approval for the small steps of political and social reform under way since elections last year.
- Last week, Myanmar's parliament approved a law guaranteeing the right to protest, which had not previously existed. And improvements have been made in areas such as media and Internet access and political participation.
- But the government that took office in March is still dominated by a military-proxy political party, and the future is uncertain.

It is a tiny nation of mystery, isolated and authoritarian.

She is a top government official of the world's only superpower.

U.S. Secretary of State Hillary Rodham Clinton arrived in Myanmar yesterday, hoping "flickers of progress" would burst into flames of reform there.

Clinton's diplomatically risky trip to a nation that receives few outsiders is meant to test whether the new civilian leaders are truly ready to throw off 50 years of military dictatorship.

U.S. officials said she would press the leadership on severing military and suspected nuclear ties with North Korea.

It is the first trip by a secretary of state to Myanmar, also known as Burma, in more than half a century.

"I am obviously looking to determine … what is the intention of the current government with respect to continuing reforms both political and economic," Clinton told reporters before her arrival.

THE ASSOCIATED PRESS

COUNTRY'S NO. 1 REBEL RETAINS HOPE

THE ASSOCIATED PRESS

Nobel peace laureate Aung San Suu Kyi, pictured left, is returning to Myanmar's political scene after decades of detention and harassment.

Myanmar cancelled 1990 elections that Suu Kyi's National League for Democracy won.

But she says she plans to run in upcoming elections.

"We and many other nations are quite hopeful that these flickers of progress ... will be ignited into a movement for change that will benefit the people of the country," she said.

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Teen feared she would be killed, court told

Shafia trial resumes Monday with prosecution's last witness, a cultural expert on so-called honour killings

A Montreal teenager was convinced her Muslim parents would kill her if they found out she was dating, her drowning trial heard yesterday.

Still, Sahar Shafia, 17, took the risk because she felt so strongly about her boyfriend, Ricardo Ruano, his aunt Erma Diaz Medina testified.

"She told me she would be a dead woman if her parents learned she was going out with Ricardo," Medina told court.

Medina said Shafia was absolutely serious about the threat, and mentioned it in conversation several times.

Shafia and Ruano, who is now 23, began their relationship in early 2009 and it quickly grew intense.

CONTRIBUTED

▶ Sahar Shafia in a photo released by the court.

The couple even talked about getting married and going to his native Honduras to escape her family, which had immigrated from Afghanistan, court heard.

"She loved Ricardo," Medina told the seven-woman, five-man jury.

"She told me that she would love him till death."

Two months after that conversation, Shafia was dead, her cellphone full of innocent-looking pictures of the doting couple.

Shafia, along with her two sisters Geeti, 13, and Zainab, 19, were found drowned along with their father's first wife, Rona Amir Mohammad, 52, on June 30, 2009, inside a car in a canal near Kingston, Ont.

Shafia's father, Afghan businessman Mohammad Shafia, 58, second wife, Tooba Yahya, 41, and their son Hamed, 20, have pleaded not guilty to first-degree murder in the deaths.

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Scrooging on Santa sessions

Evening Skype chats with Santa Claus can be done from home at families' convenience, Toronto mall says

DARREN CALABRESE/THE CANADIAN PRESS FILE

▶ Toronto's Eaton Centre

A Canadian holiday tradition for more than 100 years is coming to an end this year — no, Virginia, the little ones won't be lining up to see Santa Claus at the famed Toronto Eaton Centre.

Since just after the turn of the century, Eaton's flagship store in the city's downtown has been the hotspot for kids to meet Santa and give him their Christmas wish lists.

But changing times and fortunes, including those of the Eaton family who no longer own the shopping centre, mean Santa won't have such prime real estate this year.

Instead of lining up to meet the jolly old man, children will instead be asked to sign up with the Eaton Centre to attend a weekend storytime session and get a photo on Santa's knee if they choose.

Santa is also now cool with cyberspace, so parents can register their kids for a 10-minute Skype session with him, also arranged through the shopping centre.

Both are free, says marketing director Meredith Vlitas, who decided to shake things up this year and look for more innovative ways to showcase St. Nick.

The traditional lineup waiting for a chance to sit on Santa's knee could sometimes last up to three hours or longer, said Vlitas. The Eaton Centre wanted to create a new experience that would be more fun for both parents and kids, she said. THE CANADIAN PRESS

Holiday. Spirit

▶ Members of the Scottsdale Gun Club pose with Santa Claus and several automatic weapons at the Scottsdale, Ariz., club.

CONTRIBUTED

Santa's a sure shot in Scottsdale

The idea for the photo-op arose last year, when a club member happened to come in dressed as Santa and other members wanted their picture taken while holding their guns, says the club's general manager, Ron Kennedy.

Yoga-pant policy unchanged: Board

A school board in Ottawa is denying reports of a clamp-down on yoga pants at an area school.

The Ottawa Catholic School Board says there's been no change in the dress code at St. Joseph High School in Barrhaven.

Media reports had said yoga pants had been banned at the school because they are too "form-fitting." THE CANADIAN PRESS

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25 charged over Stanley Cup riot

- 61 counts represent first round
- Police already planning second

RICH LAM/GETTY IMAGES

▶ Riot police stand in front of a burning vehicle on June 15, 2011 in Vancouver.

Crown prosecutors have approved 61 charges against 25 suspected Stanley Cup rioters, Vancouver police announced yesterday.

Integrated riot investigation team Insp. Les Yeo said in a media release that the first approved charges represent just the beginning.

"We will continue to work closely with the special prosecution team as even more charges are expected in the coming days and week," he said.

The 61 charges stem from the initial batch of 163 charges that Vancouver police recommended to the Crown at the end of October.

All of the accused rioters — between the ages of 17 and 33 — face charges of participating in a riot, along with lesser charges like arson, break-and-enter, assault and mischief

METRO

AIDS. Day

▶ Primary school students present giant and small red ribbons during an event on the eve of World AIDS Day in Wuyuan, in southern China's Jiangxi province, yesterday.

THE ASSOCIATED PRESS

China marks World AIDS Day

China will have about 780,000 people infected with the AIDS virus by the end of this year, state media reported yesterday, with most having contracted it through heterosexual sex.

RIM holds smartphone lead at home

Research in Motion's share of the smartphone market in Canada is slipping but it's still ahead of Apple and Google's Android platform, according to a report by measurement firm comScore.

About eight million Canadians owned a smartphone in September and 35.8 per cent were using a BlackBerry, said comScore on yesterday.

Apple had 30.1 per cent of the market, Android had 25 per cent, Symbian had 4.2 per cent and Microsoft had 3.2 per cent.

THE CANADIAN PRESS

40

In all, 20.1 millions Canadians aged 13 or older had a cellphone in September, with 40 per cent owning a smartphone.

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Occupiers promise winter protests

Camps in tatters U.S. organizers shifting tactics Rallies may be held at 2012 political conventions

The overnight police raids in Philadelphia and Los Angeles that dismantled two of the nation's biggest Occupy Wall Street encampments leave just a few major "occupations" still going on around the U.S. But activists are already changing tactics and warning of a winter of discontent, with rallies and marches every week.

The camps may bloom again in the spring, organizers said, and next summer could bring huge demonstrations at the Republican and Democratic conventions, when the whole world is watching. But for now they are promoting dozens of smaller actions, such as picketing the president in New York and staging sit-ins at homes marked for foreclosure.

Hanging tough

- Demonstrators are still at it in places like Boston and Washington, which each had encampments of about 100 tents yesterday. Dozens of protesters are fighting eviction from a community college campus in Seattle.

"We intend to use this for what it is — basically six months to get our feet underneath us, to get strong," said Phil Striegel, a community activist in San Francisco.

Yesterday, masked sanitation workers hauled away 25 tons of debris from the lawns around Los Angeles City Hall after police raided the protesters' camp in the middle of the night and arrested more than 300 people. In Philadelphia, dozens of police patrolled a plaza outside city hall after sweeping it of demonstrators and arresting 50.

In the past few weeks, police broke up encampments in such cities as Portland, Ore.; Oakland, Calif.; and New York, where the sit-down protests against social inequality and corporate excesses began in mid-September.

While some observers wondered whether the movement would wither without ground on which to make its stand, many protesters are refusing to concede defeat.

THE ASSOCIATED PRESS

JOSEPH KACZMAREK/THE ASSOCIATED PRESS

▶ Police arrest a member of Occupy Philly yesterday in Philadelphia, after a small group refused to clear a street while police cleared the encampment.

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Ont. premier tables bullying bill

Quebec teen's suicide fuels discussion over issue Ontario schools may be able to permanently expel bullies

A flip comment made on Facebook several weeks ago cut chillingly to the heart of a debate on bullying raging yesterday in Canada.

"Suspended 5 days! ahahaha! Not bad," the teenaged alleged aggressor of Quebec schoolgirl Marjorie Raymond wrote on Facebook on Nov. 1, apparently unperturbed by the penalty handed down by her school.

Within a month, Raymond had killed herself.

Cases like this one were the inspiration behind legislation tabled yesterday in Ontario. Following other high-profile teen suicides in that province, the McGuinty government introduced a bill that would allow schools to permanently expel students for bullying.

The Facebook post was one of several referring to the teen's run-ins with Raymond, who became severely depressed over the torment she faced at school.

When Raymond committed suicide, someone posted on the other girl's page: "You must be proud of yourself with a death on your conscience.... Pathetic."

Raymond's death sparked outrage in Quebec yesterday, grabbing headlines and sparking debate in the provincial legislature. Premier Jean Charest said he was saddened to hear of Raymond's suicide and expressed his sympathies to her family.

"When these sad events happen, of course, we all ask ourselves if there are things we can do differently to avoid them," Charest told reporters.

Raymond took her own life on Nov. 28, telling her mother in a suicide note that she couldn't endure the physical and psychological abuse any longer.

The bullying had apparently been going on for three years, and Raymond said in a suicide note made public by her mother that, "it's the fault of jealous people who want to wreck our happiness." THE CANADIAN PRESS

JACQUES BOISSINOT/THE CANADIAN PRESS

▶ Jean Charest

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Access to U.S. cash made easier for banks

Temporary dollar loans to be reduced by half a percentage point next Monday • Stocks surged when announced

The Bank of Canada and five other central banks have launched a pre-emptive strike in an attempt to ward off a new global credit crunch and a possible new global recession.

The European Central Bank, the U.S. Federal Reserve, the Bank of England and the central banks of Canada, Japan and Switzerland said yesterday they will make it cheaper for banks to access U.S. dollars.

The measure to reduce costs and access to U.S. dollars — thereby boosting liquidity and loan activity — was meant as a signal to markets that policy-makers are prepared to intervene aggressively at the first sign of trouble, said analysts. But it does not resolve the issue of sovereign debt in Europe and the solvency of European banks with billions of euros in government bonds on their books, they added.

Finance Minister Jim Flaherty called the cooperation a "positive" indicator.

"One of the things that we see when there's a great deal of uncertainty is a tightening of credit and that has been a challenge particularly with respect to U.S. dollars and some of the European financial institutions. This is a step forward," he told reporters.

Flaherty reiterated that Europe is rich enough to help itself and should not relay on the International Monetary Fund, often called the bank of last resort for the poorest nations.

Analysts said European banks had been seeing their costs for acquiring funding in U.S. currency rise four-fold in recent months. THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar
+ 471.67 (12,204.17)	+ 0.95¢ (98.01¢ US)
Oil	**Natural gas**
+ 57¢ US ($100.36 US)	$3.550 US (- 8.3¢)
	Gold
	$1,750.30 US (+ $31.40 US)

Bargain. Gifts

▶ An Associated Press reporter is shown demonstrating an app for shopping in front of an Old Navy store in San Francisco.

JEFF CHIU/THE ASSOCIATED PRESS

Smart giving with a smartphone

If you're trying to save cash and time this holiday season, turn technology to your advantage — a slew of new smartphone apps aimed at shoppers can help.

Export boost temporary: Analysts

Surging exports helped revive Canada's economy in the third quarter after an unexpected spring swoon that appears to have been attributable to temporary factors. The real gross domestic product expanded by a 3.5 per cent in the July-September period. The big lift came from exports, which grew 14 per cent during the quarter, contributing about five percentage points to overall GDP. THE CANADIAN PRESS

UAE Puma sneakers pulled

Athletic apparel maker Puma has pulled a line of shoes decked out in the colours of the United Arab Emirates flag following criticism that the sneakers were disrespectful.

The German company confirmed yesterday that it has ordered the shoes in the national colours of red, white, black and green off store shelves in Dubai and other Emirati cities. Puma says it is sorry for any trouble caused and "never intended to upset or offend" customers in the Middle East, where shoes are seen as unclean. THE ASSOCIATED PRESS

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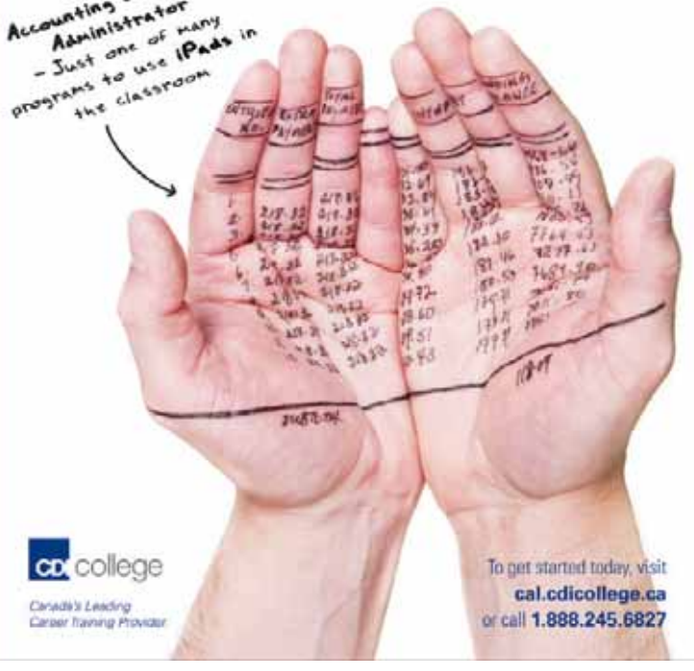

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'TIS THE SEASON TO SHOP TILL YOU (LITERALLY) DROP

HE SAYS ...

JOHN MAZEROLLE
METRO

Now that Santa Claus parades have passed, snow has fallen and stores have entered their seventh exciting week of Christmas music, I think it's safe to talk shopping.

Not that there's anything safe about it.

The starting gun for holiday shopping is "Black Friday," though few Americans would use something as feeble as a starting gun to get their hands on a discounted DVD player.

This calls for heavy weaponry. It's in the constitution.

Even without firepower, Americans bulk up with turkey on "Black Thursday" to prepare for various cannonball moves needed to get at merchandise on Black Friday, shop at smaller stores on "Black Friday Hangover" and then online on "Cyber Monday." Other important days include "Utensil Blowout Tuesday," "Paisley Wednesday" and "The Thursday of Regret."

Meanwhile, Canadians watch the pepper sprayings and shootings and stampedes and can only think one thing: We want in. Though there's an annual lament that North Americans have forgotten the true meaning of Christmas, I can assure you that holiday shopping has been crazy for at least my entire lifetime.

"And who could forget Tickle Me Elmo, whose announcement, "Heh, heh! That tickles!" was an interesting counterpoint to store clerks yelling, "Dear God! Get off my spine!"

First it was Cabbage Patch Dolls. Nothing evoked the spirit of the season quite like old women having fist-fights over ugly, fat-faced dolls.

Then there was Furby, a pricey doll that first spoke gibberish, but eventually learned English phrases like "A fool and his money are soon parted."

And who could forget Tickle Me Elmo, whose announcement "Heh, heh! That tickles!" was an interesting counterpoint to store clerks yelling, "Dear God! Get off my spine!"

It's never pretty, but what can be done? Well, I say this with utmost humility: Be more like me. If you shopped as I shop, we'd only need one shopping day. The entire continent would be done in minutes, actually. My goal during any shopping excursion is to treat the inside of the mall like it's Fukushima Daiichi — the less exposure the better. I'm a mission shopper.

RECORDING: Your mission, should you accept: We need a Chapters gift card, a backgammon set, and some sandalwood soap, whatever that is (women like it, we think). This MP3 player will self-destruct as soon as the warranty expires.

ME: I'll be in and out in 11 seconds.

With shopping complete, one can get back to the important things, such as enjoying the sights of the season, and repaying crippling shopping debts. And, because you skipped the violence, you'll have plenty of pepper spray next year for the repo man. Also, any store manager that decides to play Christmas music on Nov. 1.

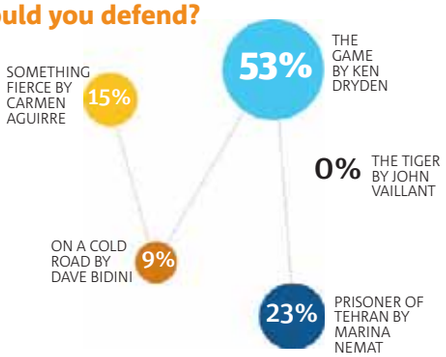
As we remember the true meaning of the season, let us spray.

Read more of John Mazerolle's columns at metronews.ca/hesays

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Which book in Canada Reads contest would you defend?



Local tweets

@Kirstie_Gallant: Did you know that #Southcentre #yyc has wifi? I didn't...but I do now! #win

@hiltonjohn: So why did #Enmax's electric price go up 50% month-over-month? #yyc #utilities

@kel_taylor: Excited to check out the new science centre tonight. Have you been there? What do you think? #yyc

@hudsonstaphouse: Fill in the blank: If I could receive any of the gifts from the "Twelve Days of Chirstmas" it would be _____. #yeg #yyc #yxe

@cindy_corriveau: snow has stopped, sun is shining, it's nice out in #yyc just shovelled the driveway. Gd exercise.

@jewelnotes: Snow Route parking ban called then re-called not 2h later... way to go City of #YYC. A look out the window might have been helpful 3h ago.

@mellow2167: Now there's no snow parking ban. All that excitement for nothing! I'm disappointed. :P #yyc

@Jennybath: @nenshi I think you need some flashing lights on those signs that you can turn on if a snow event is declared. I'm confused as usual #yyc

Daily Zoom

RICHARD PETERS/REX FEATURES

Foxy snow dive

Cunning fox goes 'mousing'

WYOMING. Deep in the Lamar Valley of Yellowstone National Park, this red fox uses its large ears to listen out for a mouse before "snow-diving" to try and catch it.

Richard Peters had only a handful of seconds to snap this fox in motion, which had waited 20 minutes before launching its attack.

METRO WORLD NEWS

"In the end, the mouse was quicker. The fox came out with nothing in its mouth."

RICHARD PETERS, PHOTOGRAPHER

Wolves head for warmer climate

PHOTO TOUR. For the 33-year-old photographer from London, this fox snap was not what he had intended. As he explained to Metro: "I went there to photo-hunt wolves. But the harsh winter — with over two metres of snow and temperatures as low as - 39 C — forced the wolves to migrate to warmer places."

METRO WORLD NEWS

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Breaking their silence

Brittany Robart performing at Robart's Not So Silent Night to benefit local families

BACKSTAGE PASS

JENNIFER LARAWAY
METRO CALGARY

She is one of the most humble, authentic and generous people that I have come across in a long time.

Where most people looking to make a name for themselves support events for their ultimate self-promotion, local singer/songwriter Brittany Robart is just looking to make a difference — any way she can.

"I have always had a passion for helping others," she says.

"I believe music has the power to heal, bring people together and change lives. When I thought about doing a Christmas show for my fans in Calgary, I immediately thought this was my chance to help someone who really needs a special Christmas. So, I started planning a Christmas charity event. All the pieces fell into place and here we are — it's almost show time!"

Robart has been very hands-on when it comes to this event.

Not only did she select the line-up, but she's putting in the hard labour to make it work too.

"I took a few days off work to pick up our bigger auction items, wine, food, and Christmas decorations," she lists.

"I'm also getting together with some of my musicians to put the final touches on some songs for the night. Plus, I have to relax, I guess... somewhere in there... I do need to make sure my vocal chords are in tip-top shape for fa-la-la-ing!"

Taking place tomorrow night at Lantern Church (1401 10 Ave. SE), Robart's Not So Silent Night concert starts at 6:30 p.m. and benefits Calgary families in need.

Opening the show is Amy Theissen, another local talent, followed by Sarah Vann.

When picking her line-up, Robart's noted one of the most important things she has learned about planning events is that "it's important to involve people who share the same passion as you."

She will be closing the show with some Christmas songs along with songs from her new album Take Me Home (and by the way, it was my choice to plug that because I think she deserves it. It's called karma.)

All the proceeds from tomorrow's concert benefit the families in need.

For more information on the show, visit brittanyrobart.com

NICOLE ZYISTRA

▶ Local songstress Brittany Robart belts out Christmas songs Dec. 2 to benefit families in need.

2 scene

Kardashian

Reality TV star Kourtney Kardashian says she's expecting baby No. 2 with her boyfriend. The couple have a son, Mason, who is nearly two years old.
The 32-year-old E! reality star tells Us Weekly that she's nine weeks pregnant.

THE ASSOCIATED PRESS

A very comic Christmas

A Russell Peters Christmas goes heavy on the corny factor while celebrating the season

When it comes to Christmas, Canada's comedy giant Russell Peters is a traditionalist at heart.

The stand-up superstar throws together an old-fashioned TV variety special this week featuring plenty of carols, mirth by the fire, wishes for Santa, and unabashedly cheesy skits involving his mother, Maureen, and baby girl, Crystianna.

"This is a real family affair, (including) Momma and baby. Did you see my daughter? How cute is she?" Peters gushed recently from the Toronto set, admitting he's taking every opportunity to show off his nearly year-old offspring.

"Even if she never wants to be in show business ever again at least I got footage to show her and go, 'Who didn't want to be in show business then?'"

Besides baby schmaltz, A Russell Peters Christmas features famous friends Michael Bublé, Pamela Anderson, Jon Lovitz, Scott Thompson, Faizon Love and The Love Boat's Ted Lange, as well as a bevy of lingerie models to help ring in the season.

Thompson says the mix of stand-up, sketch comedy, stop-motion animation and musical performances harkens back to holiday specials of yore.

"I think if a white guy did it, it would be like, 'Wow, this is too much of a throwback.' But with him it seems kind of hip," Thompson says of the show's Indo-Canadian host, who peppers the special with trademark jokes about race and culture.

"And I think people will go, 'Oh my God, so he's a Christian. I wasn't sure.'"

A Russell Peters Christmas airs tonight on CTV and repeats Dec. 10 on The Comedy Network.

THE CANADIAN PRESS

For breaking entertainment news, scan this code or visit metronews.ca/scene

AIDS awareness earns Alicia praise

Bono attends premiere of Keys' film about disease in Africa, says she has 'lioness energy'

Bono is afraid of Alicia Keys.

While Keys talked about being pregnant and empathetic when filming her documentary about AIDS in Africa, the U2 singer chimed in and said: "She's scary, isn't she? She's scary."

Bono went on to say that Keys has "lioness energy" and that her role as a new mother won't allow her to "let other mothers suffer."

He made the comments at the premiere of Keep a Child Alive with Alicia Keys, a documentary that followed a visit to South Africa during last year's World Cup with a pregnant Keys and five Americans. It airs on the cable television Showtime channel today, which is World AIDS Day.

Bono said he met Keys when they recorded a cover of Marvin Gaye's What's Going On — with dozens of other musicians — in 2001.

"I was terrified the moment I met her. I was shaking in my boots," he said. "I was very moved by her singing of course, but what was interesting was the hard questions afterwards, and I think it's those hard questions that she asks that lead her."

Keys started her charity, Keep a Child Alive, in 2003. It assists those affected by HIV/AIDS in Africa and India.

She says she hopes the film reaches out to those who want to help, but can't make it to Africa.

"Even if you never have been able to travel there, or if you never can, that doesn't mean you can't travel with us and really see it for yourself," she said.

CHARLES SYKES/THE ASSOCIATED PRESS

▶ Bono and Alicia Keys attend the premiere of the Showtime documentary Keep a Child Alive with Alicia Keys, in New York, on Tuesday.

Bono says Keys has what it takes to make a difference in Africa, and around the world.

"Everyone's got heart, but actually you have to have the head for this," he said. "You have to be tough and strategic, you have to be demanding, (and) the money has to be spent well."

If the money isn't spent well, he said, people get annoyed, "and so all these things take a certain intellectual rigour."

THE ASSOCIATED PRESS

Broadway

- Alicia Keys has composed music for the Broadway play Stick Fly, which debuts next week.
- When Bono —who along with the Edge wrote the music for Spider-Man: Turn off the Dark — was asked what advice he could give Keys, he said: "You know, it's an amazing American tradition, Broadway, and she can do anything she wants."

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Spirit of the West inspired by orphan children in Swaziland

Vancouver folk-rock outfit Spirit of the West has released a charity single benefiting AIDS orphans in Swaziland, a song inspired by singer John Mann's repeat visits to the African country.

Bulembu is an organization that bought an abandoned mining town and reconstructed it into a safe haven for orphans, many of whom suffer from AIDS — Swaziland has the highest rate of HIV prevalence in the world, according to a United Nations report.

When Mann first visited the community in 2010, he was struck not only by the poverty he saw, but the spirit of the people. He began penning the hopeful track as soon as he boarded the airplane home.

"It's a very inspiring place," Mann said on the line from Vancouver in a recent telephone interview. "Our problems are nothing, they're absolutely nothing compared to what these people go through and many of these kids go through.

"The kids themselves are just, man, they absolutely break your heart."

The AIDS pandemic has crippled Swaziland, making it the only developing country in the world experiencing negative growth. As a result, the United Nations has cautioned that the long-term survival of the Swazi people could be seriously threatened. Mann was so profoundly affected by his first visit that he didn't wait long to go back.

This past spring, he returned armed with portable recorders that he used to capture the Bulembu Children's Choir, adding their voices to his rousing song, which was released to iTunes on Tuesday.

180K

Swaziland is a country with a population of roughly 1.2 million people, but in which the UN estimates that 180,000 are living with HIV.

"The song is a wonderful memory, but what really does it for me is hearing the kids sing," he said. "They're incredible, wonderful singers."

Mann says he hopes that beyond paying to download the track, listeners might be inspired to try to help out in Swaziland.

"Certainly, a large piece of my heart is there," Mann said. Meanwhile, Mann says that he and Spirit of the West bandmate Geoffrey Kelly recently went on a "writing spree," and he's hoping that the band will get together in January to begin fleshing out the songs with the goal of releasing a new album.

THE CANADIAN PRESS

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Watch out Lohan, it's Love to the rescue

- Courtney Love offers her expertise in sobriety to Lindsay Lohan
- That's right, Kurt Cobain's widow is going to be a sobriety coach

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

Well, if this doesn't spell the end for Lindsay Lohan, I don't know what does: Courtney Love, a woman once so wasted she was photographed having a stranger suck her bare nipple at a Wendy's, is apparently Lindsay Lohan's new sobriety coach.

Yes, in the new issue of Details, Love says she's taken on the role "because nobody else will."

Love says she is using her past to show Lohan that she is making a mistake by using drugs. "I went up to Lindsay's room one time and there was a show on called '101 Celebrity Oops' and I am like every other one, you know — boobs out, legs everywhere, throwing s– at Madonna, you know, whatever," Kurt Cobain's widow told the magazine. "I'm like 'Lindsay, look! Drugs are bad!'"

Love, whose daughter recently filed a restraining order against her, claims she's been clean since 2005. Does anyone need to know how bad of an idea this is? Having Courtney Love as your sober coach makes about as much sense has having Chris Farley as your weight-loss guru.

ALL PHOTOS GETTY IMAGES

▶ Courtney Love

Celebrity tweets

Everyone is happy that Conrad Murray was sentenced to four years in prison, except for other inmates suffering from insomnia.

@Joan_Rivers

@MarthaStewart

twitter is not necessarily the place to worry about grammar,spelling and syntax- i just try to fit my thoughts into 140 characters or less..

@MatthewPerry

I'm on a train. Whatever.

@ConanOBrien

Not gonna say what I bought, but Amazon just reviewed my order and said, "You might also be interested in therapy."

ScarJo loves her some bad boys

Scarlett Johansson admits she has a thing for bad boys, so to speak.

"I'm attracted to the quality of being adventurous and perhaps a bit mischievous and also questioning authority and being proactive," Johansson, who recently dated Sean Penn, tells Cosmopolitan. "If that makes up a quintessential bad boy, then whatever. I'm not at all attracted to meanness or bullying, but I do think conviction is attractive. I mean, really, who doesn't?"

One thing she doesn't find attractive, though, is over-sharing: "I don't have a Facebook or a Twitter account," she says.

▶ Scarlett Johansson

"I don't know how I feel about this idea of, 'Now, I'm eating dinner, and I want everyone to know that I'm having dinner at this time.'" METRO

New lady for Bradley Cooper?

Bradley Cooper reportedly spent a romantic day in Paris with French actress Melanie Laurent, prompting rumours that the two are dating, according to Us Weekly. Cooper, who is fluent in French, and Laurent lunched on the Boulevard St. Germain before heading to the theatre for a matinee. The pair then headed back to Cooper's hotel for a private dinner. METRO

▶ Bradley Cooper

Who will replace Regis

With Regis Philbin now out of his long-time morning talk show gig, the question is who will replace him. Given that Nick Lachey successfully sat in for Philbin in October, could he be up for the permanent position? "Well first of all no one takes Regis's spot," Lachey tells Hollyscoop. "Regis is an absolute legend of our industry and he cannot be replaced, that's first and foremost. But that situation — if it ever was an option for me to dive into — I would welcome that opportunity." METRO

▶ Regis Philbin

Moore takes 'me time'

It turns out Demi Moore wasn't on hand for youngest daughter Tallulah's recent debutante ball in Paris because she stayed back in L.A. for some "me time." Moore, who recently filed for divorce from Ashton Kutcher, was spotted enjoying a dinner with close friend and florist Eric Butterbaugh at the Sunset Tower Hotel, according to Us Weekly. METRO

▶ Demi Moore

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One festive fashionista

Iconic Canadian designer Marie Saint Pierre dishes on the dos and dont's of holiday dressing

HEATHER BUCHAN
LIFE@METRONEWS.CA

Celebrated Montreal-based designer Marie Saint Pierre has teamed up with Reitmans on a capsule collection of 10 dresses for the holidays.

Featuring the signature touches — asymmetrical hemlines, a playful combination of fabrics and architectural details — that have made Saint Pierre a hit internationally, each dress offers the versatility of day-to-evening wear at an accessible price.

"We wanted to offer essential dresses for this collection," explains Saint Pierre. "We wanted to give them timeless pieces that would go beyond Christmas and you could wear throughout the year," she adds of the offerings, all of which are variations of the little black dress.

When it comes to holiday dresses, Saint Pierre says if you opt for classic and elegant black, which is universally flattering on any shape, you can add a splash of colour with some accessories.

"Black is versatile and at the same time it is glamorous. It's such a functional colour for most people; it's like a blank canvas. If you are going to buy one dress, buy a black dress that you can wear for many occasions and for many years."

▶ Marie Saint Pierre for Reitmans collection. From left: V-neck dress with gold lace; V-neck knit and taffeta dress with sash; $85 each.

Top tip

Sleeveless dresses and tops should show off your arms, not your bra. If your bra straps show, the cut of the dress is wrong for you or the top is too big at your shoulders.

However, Saint Pierre did include that ultimate holiday colour — red — in the bustier of her bubble skirt dress as well as a lovely deep blue in the skirt of a taffeta number.

Saint Pierre believes that the movement and drape of a dress are key elements to look for when choosing what to wear to your holiday parties. "Having movement in a dress is important. That's when you create a buzz," says Saint Pierre, adding that holiday parties are the time to go all out and really shine.

"When you overdress, you create the party," she says. "I think the holidays are a time to dress up rather than dress down. So add on accessories."

It's all about choosing a figure-flattering dress that accentuates the right areas, as well as concealing the right areas.

"High-low hems (higher in the front, lower in the back) for instance gives a nice flow and silhouette as do A-line skirts," she explains.

Some people hesitate to wear strapless or sleeveless dresses to office holiday parties, deeming it inappropriate. Saint Pierre, however, poo-poos that notion. "It is the time when you can bare your shoulders. If not at a holiday party, then when?"

Creatively moving from day to night

"You can wear a cardigan over the dress during the day with flat shoes, then add the necklace, a pair of heels and remove the cardigan for the evening cocktail party," says Saint Pierre.

Holiday bling

How to accessorize your outfit

- "We worked a lot with chains. I think you can mix the chain with the fur, you can mix the chain with a nice cashmere scarf or a fur bag, or an amazing ring," says Saint Pierre.
- "I would not put too many accessories together though. Go with one big statement accessory."
- The designer also points to carrying a colourful clutch for a pop of colour with a black dress or adorning the wrist with a big cuff. "For an event, you can have a really great presence with a hat," she adds.

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Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

@Jeanne_Beker:
Freaky to see my personal art collection displayed @AGOToronto storefront gallery on University Ave

- **@MeashaBG :** "@Jeanne_Beker: ...my personal art collection exhibit which opens @AGOToronto as part of their Collector's Series." I CAN'T WAIT2C THAT!
- **@Jeanne_Beker:** Hope to see you there! Miss you!!!! xoxo!

- **@Jeanne_Beker:** With @ShaunDowneyArt who created this introspective portrait of moi! @AGOToronto show, on til 16th.
- **@Rinowa_Toronto:** Love the portrait and the green dress! Fresh colour for a gloomy day ;)
- **@ZarGanmylife:** beautiful! Such a master piece:-)
- **@catobie:** Beautiful! Even on this pic you can see a wonderful use of light to show 'you'.#warmandsoft

TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV. JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.

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YOUTH BREW Peptides are anti-aging agents for all skin types, including sensitive. Snoxin by Indeed Labs taps a blend of popular peptides, such as Matrixyl and SYN-AKE, to firm and smooth skin.
$39; indeedlabs.com

NATURE NURTURE Natural-beauty options continue to impress. Formulated with calming cotton, rice and aloe extracts, Burt's Bees Sensitive Daily Moisturizer is fragrance free, hypo-allergenic and derm-tested.
$25; burtsbees.ca

CHEEK CHARM Another route to the season's sweet flush: Lancôme Paris Maison Lancôme Blush, which pays tribute to the brand's Parisian address since 1935, 29 Faubourg Saint Honoré.
$48; lancome.ca

50s

BALMS AWAY A cleansing balm is lovely for all skin types, especially dry. Rodial Glamtox Cleanser liquifies with water and leaves skin clean and soft. $75; rodial.co.uk

BASE HIT Foundation primer smoothes skin's surface and holds makeup fast; Smashbox Photo Finish Foundation Primer also adds moisture and keeps it in place. $50; smashboxcanada.com

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Let your holiday table sparkle

How to keep your silver, crystal and china clean and shining

ISTOCK

▶ Give your table's bling a little love.

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

This week I take a practical approach to decorating with cleanliness and shine; making sure that all your treasured tabletop and bar items look their very best after a long year of storage in the china cabinet.

With a bit of technology and a few old-fashioned tips, you can release your inner butler and create tabletops that sparkle, shine and gleam!

Cleaning:
For the little time that it takes to polish up your glass and metals, you'll sit at the table with pride as your guests compliment how great everything looks.

Felt pads layered between dishes is a smart way to protect from scratches and breakage. Felt Dinnerware Protector, $12/set; crateandbarrel.com

I like to set the table completely, then go around and polish everything one final time. I suggest sitting in each guest's chair to do the polishing at each setting — you'll be surprised at what you see from each guest's perspective.

Here's an old-time method to remove time-worn tarnish from your silver treasures: Line a plastic basin with aluminum foil, shiny side up.

Place the tarnished flatware inside. Make sure all pieces are contacting the foil. Sprinkle in a 1/4 cup of baking soda and pour in 16 cups of boiling water. Stir and let the silver soak for 10 to 15 minutes. Remove the silver. Rinse, and buff with a clean, soft cloth.

Wear cotton gloves when setting the table; it's the simplest way to guarantee no fingerprints are left on dishes, cutlery and crystal. Silver items that are stored out of sight can also be kept in Ziploc bags to stop tarnishing.

Wrapping silverware in dark blue tissue paper will also keep it from tarnishing (so says my grandmother).

Protecting:
There is nothing worse than going to set a table and discovering that one of the stacked dinner plates is cracked.

You no longer have a full set to use and you are without the proper amount of required table settings.

The best way to keep your dishes, silver, crystal and flatware protected is to care for them properly.

Do not stack more than eight china plates or bowls on top of another to avoid too much pressure on bottom plates.

Some home goods stores sell storage bags specifically designed to store china. These are typically cloth or plastic bags, felt-lined and closed with zippers.

Sheets of felt can be purchased at fabric and craft stores, and placed between fine dishes to keep them protected.

Consider purchasing sturdy, see-through stackable plastic tote containers with handles on either side so everything can be stored and seen without labelling.

Do not add scented sachets or smells in storage boxes or cabinets as crystal and glassware can actually absorb the smells.

When purchasing crystal, flatware or china buy an extra to allot for breakage, loss, wear and tear.

Washing your wine glasses
An old rule says that if your wine glasses cost more than around $25 each they should be hand washed.

I can't tell you how many of my wine glasses have ended up with broken stems and chipped edges by washing them in the sink.

Now there's some help from Miele — their G5000 series dishwashers feature Perfect GlassCare technology which is gentle enough to clean fine china and crystal — wine glass maker Riedel endorses the Miele machines as the only ones they'd recommend.

MIELE.CA

▶ Miele's G5000 series dishwashers make crystal and china safely sparkle. Crystal Dishwasher, $1899, miele.ca

BEDBATHANDBEYOND.CA

▶ Attractive storage keeps fine china and glassware protected. Microfiber Stemware Storage, $25; bedbathandbeyond.ca

▶ Swirling stainless steel beads help clean lime-scale and tannin deposits from glass or crystal decanters. Peugeot Bilbo Decanter Cleaning Beads, $19; cookworks.ca

COOKWORKS.CA

Easy does it

When you stack, it is best to place a paper doily, or a rubber jar ring, between each plate to avoid scratching.

- **Lift:** If you do stack your china plates, lift them off when ready to use instead of sliding them out.
- **Line them up:** Do not stack fine china cups and do not hang cups from hooks or pegs. Place them on a shelf one by one in a row.
- **Pocket tricks:** If using foam pockets, place only one plate in each pocket.
- **Glass care:** If storing glasses in a box, stand them on end and place cut-up cardboard between wrapped glasses.
- **Normal temperatures:** Do not place china in a box in a cold basement or hot attic. Extreme temperatures can crack or craze fine china.

Handle with care:
Instead of air-drying your fine dishes always hand dry with a clean, lint-free cotton cloth to avoid water spots. The E-towel is patent-designed to dry glassware four times faster than a regular dishtowel to leave glasses smear-free and sparkling. (Check out goldaskitchen.com.)

Memories of warmer times

- Chili Dogs are normally considered a summer treat
- Remake them for winter with tasty mashed potatoes

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ The recipe serves four.

Hot dogs tossed in a toasted bun and slathered with chili and shredded cheese tend to scream summer.

But because those flavours go so nicely together, they begged to be converted into a recipe that is better suited for fending off the chill of a winter night.

In converting the recipe, there was no reason to mess around too much with the hot dog or chili topping. Why ruin a good thing? Instead, the focus is on the starch. Roasted potatoes were the right flavour, but wrong texture. Mashed, however, were just right. The resulting recipe oozes comfort and warmth.

Winter Chili Dogs Preparation:

1. Place potatoes in pot and add enough water to cover. Bring to boil and cook 15 to 20 minutes, or until potatoes are tender. Drain and return to pot. Add butter and milk, then mash until chunky smooth. Season with salt, pepper; set aside.
2. In saucepan over medium heat combine baked beans, tomato paste, cumin, smoked paprika, chili powder and cayenne. Simmer, cover and set aside.
3. Heat grill pan to medium-high. Add hot dogs and cook until heated through and browned on all sides, about 6 to 7 minutes.
4. To serve, divide mashed potatoes between 4 serving plates. Top each with a hot dog, then ladle beans and top with cheese, sour cream, jalapeños, red onion.

THE ASSOCIATED PRESS

Ingredients:

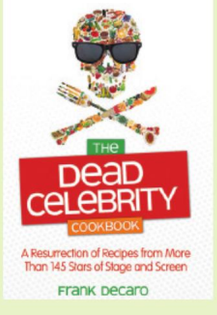
- 1 kg (2 pounds) Yukon gold potatoes, peeled and quartered
- 60 ml (4 tbsp or 1/2 stick) butter
- 125 ml (1/2 cup) milk
- Salt and black pepper
- 430 ml (15-ounce) can vegetarian baked beans
- 22 ml (1 1/2 tbsp) tomato paste
- 10 ml (2 tsp) cumin
- 7 ml (1 1/2 tsp) paprika
- 5 ml (1 tsp) chili powder
- 1 ml (1/4 tsp) cayenne pepper
- 4 hot dogs
- 125 ml (1/2 cup) shredded cheddar cheese
- Sour cream, to serve
- Chopped pickled jalapeno slices and red onion

Weekly Cookbook

In his book The Dead Celebrity Cookbook: A Resurrection of Recipes by 150 Stars of Stage and Screen, Frank DeCaro puts long-gone stars in the spotlight once again.

The all-but-forgotten recipes featured in the book were rescued from out-of-print cookbooks, musty biographies, vintage magazines, and dusty pamphlets.

The Dead Celebrity Cookbook stars Elizabeth Taylor's Chicken with Avocado and Mushrooms, Frank Sinatra's Barbecued Lamb, Johnny Cash's Old Iron Pot Family-Style Chili and Katharine Hepburn's Brownies, among others.



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4 sports

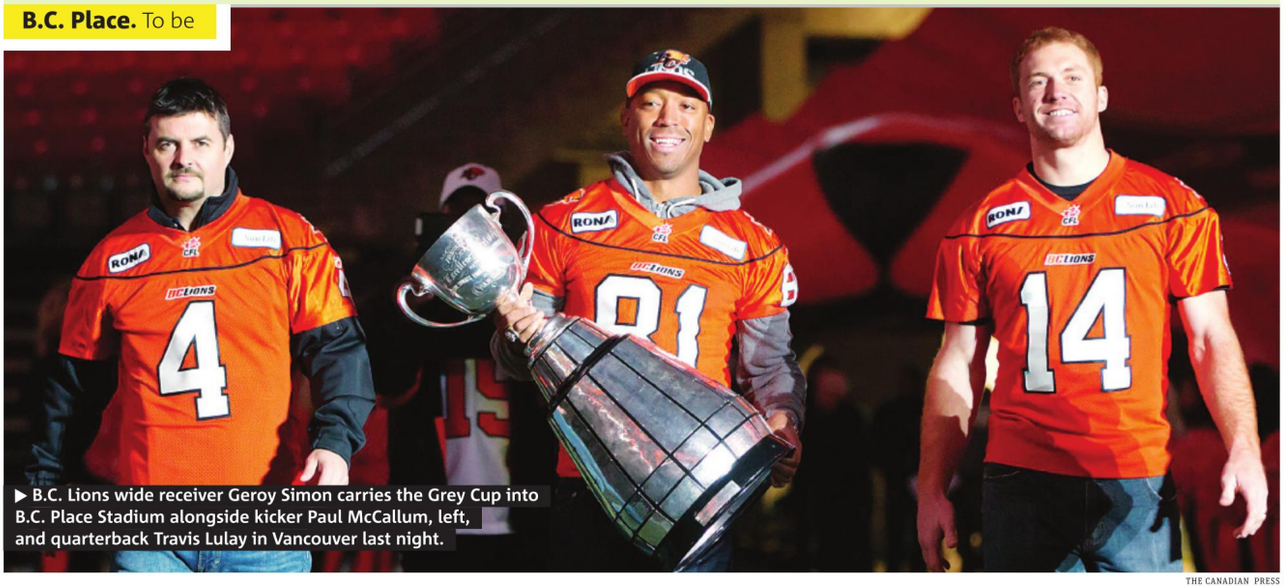
Flames preview

Columbus at Calgary
7 p.m.
TV: SNET

The Flames (10-12-1) are off to a rough start, but at least they're not Columbus (6-15-3). The Blue Jackets have lost two in a row after a modest run of 3-0-2 with Curtis Sanford as their starting goaltender and remain last in the Western Conference. Rick Nash has seven goals and is minus-10 on the season, epitomizing Columbus' frustrations. If Calgary brings the defensive game it did in Tuesday's 1-0 win over Nashville, it's unlikely the Blue Jackets will have an answer.

THE CANADIAN PRESS

B.C. Place. To be



▶ B.C. Lions wide receiver Geroy Simon carries the Grey Cup into B.C. Place Stadium alongside kicker Paul McCallum, left, and quarterback Travis Lulay in Vancouver last night.

THE CANADIAN PRESS

Lions return to scene of the championship

The Grey Cup-champion B.C. Lions saluted their fans last night for helping them go from worst to first. A few thousand faithful Lions followers descended on B.C. Place Stadium to celebrate Sunday's 34-23 home-field victory over the Winnipeg Blue Bombers. B.C. became the first club to win a CFL title after starting the season 0-5.

Stamps coach left in the lurch

Defensive co-ordinator reportedly headed to Argos ‘I had no forewarning of it’: Hufnagel

John Hufnagel has lost his right-hand man and he's not happy about it.

The Calgary head coach and GM was taken aback by news that Chris Jones was leaving his role as defensive co-ordinator and assistant director of player personnel and football operations to join the Toronto Argonauts.

Hufnagel said he would have appreciated a call from Toronto seeking permission to talk to Jones. He also said he received no warning from Jones that he was considering leaving prior to Tuesday.

"I'm not pleased the way it went down. That's all I will comment on," Hufnagel said yesterday at McMahon Stadium.

"I'm very surprised. I had no forewarning of it," Hufnagel added. "Did Toronto contact me? If they had contacted me I wouldn't be so surprised."

Though there was no announcement from Toronto yesterday, it's believed Jones will serve as defensive co-ordinator and assistant head coach there.

The Argonauts offered their side of the story in a short statement:

"The Toronto Argonauts did not request permission from the Calgary Stampeders to talk to Chris Jones," the statement read. "Chris Jones was under contract to the Stampeders."

The Argonauts did not believe him to be available for discussion. Jones does not have a contract with the Toronto Argonauts.

A CFL spokesman said the league had been "made aware of the situation" and was looking into it.

Jones and Toronto head coach and GM Jim Barker go back. Jones joined the Stamps in 2008 when he was hired away from Montreal by then Calgary GM Barker.

Barker is expected to focus on his GM duties, with Montreal offensive co-ordinator Scott Milanovich reportedly taking over as Toronto coach. Jones and Barker were on the Alouettes coaching staff together in 2002. And Jones and Milanovich were in Montreal together in 2007.

In losing Jones, Hufnagel will also have to replace a respected talent scout as well as a defensive co-ordinator. Jones ran the Stampeders' free agent camps each the winter. Running backs coach Mike Gibson will now do that.

THE CANADIAN PRESS

Coaches axed

The Hamilton Tiger-Cats fired head coach Marcel Bellefeuille yesterday, less than two weeks after the CFL team came up short in the East Division final.

▶ And three days after losing the Grey Cup to the B.C. Lions, the Winnipeg Blue Bombers have dumped offensive co-ordinator Jamie Barresi.

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	25	14	7	2	2	80	63	32	8-1-2-0	6-6-0-2	5-4-1-0	L1
d-Boston	22	15	7	0	1	81	59	31	9-5-0-1	6-2-0-0	9-0-0-1	W2
d-Florida	24	13	7	1	3	67	60	30	5-2-1-3	8-5-0-0	6-3-1-0	W1
Toronto	24	14	9	1	1	82	81	30	6-4-1-1	8-5-0-0	5-4-0-1	L1
NY Rangers	21	13	5	1	2	60	45	29	7-1-0-1	6-4-1-1	8-2-0-0	W3
Philadelphia	23	13	7	2	1	82	68	29	6-4-1-1	7-3-1-0	6-3-1-0	L1
Buffalo	24	13	10	0	1	68	63	27	6-7-0-1	7-3-0-0	4-5-0-1	L1
Ottawa	24	12	10	1	1	75	83	26	6-4-0-1	6-6-1-0	5-3-1-1	W2
Washington	23	12	10	0	1	71	75	25	8-3-0-1	4-7-0-0	3-6-0-1	L3
New Jersey	23	12	10	0	1	58	64	25	5-4-0-1	7-6-0-0	5-5-0-0	L2
Tampa Bay	24	11	11	0	2	65	76	24	7-3-0-0	4-8-0-2	4-6-0-0	L2
Montreal	24	10	10	2	2	61	60	24	4-5-2-2	6-5-0-0	4-3-2-1	L2
Winnipeg	24	9	11	3	1	70	80	22	5-4-0-0	4-7-3-1	4-4-2-0	L2
Carolina	26	8	14	2	2	61	86	20	5-7-0-2	3-7-2-0	3-7-0-0	L4
NY Islanders	22	7	11	3	1	43	69	18	5-6-2-0	2-5-1-1	3-5-2-0	W2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Minnesota	25	15	7	2	1	60	55	33	9-4-1-0	6-3-1-1	7-3-0-0	W2
d-Detroit	23	15	7	1	0	69	51	31	10-2-1-0	5-5-0-0	8-2-0-0	W6
d-Phoenix	23	13	7	1	2	65	57	29	7-4-1-1	6-3-0-1	6-3-1-0	W2
Chicago	25	14	8	1	2	80	78	31	7-2-0-2	7-6-1-0	6-4-0-0	L1
St. Louis	24	14	8	0	2	59	50	30	8-2-0-1	6-6-0-1	7-1-0-2	W4
Vancouver	24	14	9	0	1	73	60	29	6-3-0-1	8-6-0-0	8-2-0-0	W5
Dallas	24	14	9	0	1	62	65	29	8-3-0-1	6-6-0-0	3-6-0-1	W1
Los Angeles	24	12	8	2	2	57	55	28	7-6-0-1	5-2-2-1	6-3-1-0	W1
San Jose	21	13	7	1	0	60	48	27	6-4-1-0	7-3-0-0	6-3-1-0	L2
Edmonton	25	12	10	0	3	67	63	27	6-3-0-2	6-7-0-1	3-6-0-1	L3
Nashville	24	11	9	3	1	60	63	26	4-3-2-1	7-6-1-0	4-4-2-0	L1
Colorado	25	11	13	1	0	68	74	23	5-9-0-0	6-4-1-0	4-6-0-0	W1
Calgary	23	10	12	1	0	51	60	21	5-5-1-0	5-7-0-0	4-6-0-0	W2
Anaheim	23	6	13	1	3	50	77	16	4-8-0-0	2-5-1-3	1-8-0-1	L7
Columbus	24	6	15	0	3	55	79	15	5-7-0-1	1-8-0-2	4-6-0-0	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Boston 6 Toronto 3
Minnesota 3 Edmonton 2 (SO)
Colorado 6 New Jersey 1
Detroit 4 Tampa Bay 2
Montreal at Anaheim
Tuesday's results
Calgary 1 Nashville 0
Ottawa 6 Winnipeg 4
Vancouver 4 Columbus 1
Florida 3 Carolina 1
N.Y. Islanders 2 Buffalo 1
N.Y. Rangers 4 Pittsburgh 3
St. Louis 2 Washington 1
Phoenix 4 Chicago 1
Tonight's games
All times Eastern
Pittsburgh at Washington, 7 p.m.
N.Y. Rangers at Carolina, 7 p.m.
Phoenix at Winnipeg, 8:30 p.m.
Ottawa at Dallas, 8:30 p.m.
Columbus at Calgary, 9 p.m.
Nashville at Vancouver, 10 p.m.
Florida at Los Angeles, 10:30 p.m.
Montreal at San Jose, 10:30 p.m.
Tomorrow's games
Detroit at Buffalo, 7:30 p.m.
New Jersey at Minnesota, 8 p.m.
N.Y. Islanders at Chicago, 8:30 p.m.
St. Louis at Colorado, 9 p.m.
Columbus at Edmonton, 9:30 p.m.
Philadelphia at Anaheim, 10 p.m.

BRUINS 6, MAPLE LEAFS 3

First Period
1. Toronto, Grabovski 6 (MacArthur, Gunnarsson) 7:29 (pp)
2. Boston, Lucic 9 (Seguin, Chara) 15:08 (pp)
Penalties — Peverley Bos (high-sticking) 6:00, Seguin Bos (high-sticking) 12:11, Lupul Tor (boarding) 13:04, Gunnarsson Tor (holding) 13:47, Aulie Tor (goaltender interference) 18:32.
Second Period
3. Boston, Krejci 4 (Horton, Seidenberg) 3:33
4. Toronto, Lupul 12 (Kessel, Schenn) 7:00
5. Boston, Chara 5 (Krejci, Horton) 15:30
Penalty — MacArthur Tor (tripping) 16:12.
Third Period
6. Boston, Pouliot 3 (Corvo, Campbell) 3:03
7. Toronto, Frattin 2 (Crabb, Schenn) 6:00
8. Boston, Lucic 10 (Krejci) 15:21
9. Boston, Marchand 9 (Peverley) 19:08
Penalty — Gardiner Tor (tripping) 0:59.
Shots on goal

Boston	17	8	15	—40
Toronto	16	7	14	—37

Goal — Boston: Thomas (W,12-4-0); Toronto: Gustavsson (L,8-5-0).
Power plays (goals-chances) — Boston: 1-5; Toronto: 1-2.
Referees — Kelly Sutherland, Frederick L'Ecuyer. **Linesmen** — Greg Devorski, Steve Barton.
Attendance — 19,643 at Toronto.

AVALANCHE 6, DEVILS 1

First Period
1. Colorado, Hejduk 8 (O'Reilly, Landeskog) 7:37
2. Colorado, Galiardi 2, 14:14
3. Colorado, Hejda 3 (Duchene, Wilson) 16:02
Penalties — Clarkson NJ (fighting), O'Byrne Col (unsportsmanlike conduct, fighting; served by Porter) 14:37, Sykora NJ (interference) 15:29.
Second Period
4. New Jersey, Kovalchuk 5 (Henrique, Parise) 11:03
Penalty — Quincey Col (slashing) 19:17.
Third Period
5. Colorado, O'Reilly 3 (Hejduk) 2:47
6. Colorado, McClement 4 (Quincey, Winnik) 10:32 (sh)
7. Colorado, Elliott 2 (Quincey, O'Reilly) 17:17
Penalties — O'Brien Col (tripping) 9:12, O'Byrne Col (holding) 15:22, Kovalchuk NJ (high-sticking) 17:12, Janssen NJ (misconduct), Fayne NJ (tripping) 19:34.
Shots on goal

New Jersey	6	9	4	—19
Colorado	8	6	11	—25

Goal — New Jersey: Brodeur (L,5-6-0); Colorado: Varlamov (W,7-10-1). **Power plays (goals-chances)** — NJ: 0-4; Colorado: 0-3.
Attendance — 14,251 (18,007) at Denver.

RED WINGS 4, LIGHTNING 2

First Period
1. Detroit, Datsyuk 7 (Bertuzzi, Franzen) 4:58
2. Detroit, Ericsson 1 (V.Filppula) 11:04
Penalty — Stamkos TB (cross-checking) 18:37.
Second Period
3. Tampa Bay, St. Louis 7 (Purcell, Bergeron) 9:35 (pp)
4. Tampa Bay, Stamkos 16 (Gilroy, Lecavalier) 19:46
Penalties — Bertuzzi Det (unsportsmanlike conduct) 4:39, Ericsson Det (tripping) 8:09, Thompson TB (slashing) 10:28.
Third Period
5. Detroit, Holmstrom 4 (Lidstrom, Datsyuk) 4:22 (pp)
6. Detroit, Helm 3 (Kindl, Ericsson) 13:14
Penalties — Brunnstrom Det (goaltender interference) 0:23, Brewer TB (hooking) 4:13, Hudler Det (high-sticking) 10:35, Lecavalier TB (double high-sticking) 14:45.
Shots on goal

Tampa Bay	8	6	9	—23
Detroit	18	5	12	—35

Goal — Tampa Bay: Roloson (L,6-7-1); Detroit: Howard (W,14-5-1). **Power plays (goals-chances)** — Tampa Bay: 1-4; Detroit: 1-5.
Attendance — 20,066 (20,066) at Detroit.

SCORING LEADERS

	G	A	PT
Kessel, Tor	16	15	31
Giroux, Pha	13	16	29
Lupul, Tor	11	18	29
Vanek, Buf	12	15	27
D.Sedin, Vcr	7	20	27
Versteeg, Fla	12	14	26
Pominville, Buf	9	17	26
Backstrom, Wash	8	18	26
Stamkos, TB	15	10	25
Neal, Pgh	14	11	25
Toews, Chi	13	12	25
Nugent-Hopkins, Edm	10	15	25
Smyth, Edm	12	12	24
Fleischmann, Fla	11	13	24
Kopitar, LA	10	14	24
Ma.Hossa, Chi	9	15	24
Eberle, Edm	8	16	24
H.Sedin, Vcr	8	16	24
P.Kane, Chi	7	17	24

Last night's games not included

HOCKEY

AHL

Last night's results
Adirondack 4 Syracuse 3
Charlotte 3 Texas 2
Houston 2 Lake Erie 1
Tuesday's results
Milwaukee 8 Abbotsford 3
Grand Rapids 4 Toronto 3 (OT)
Connecticut 4 Hershey 2
Norfolk 5 Wilkes-Barre/Scranton 2
Tomorrow's games
All times Eastern
Bridgeport at Albany, 7 p.m.
Toronto at Grand Rapids, 7 p.m.
Manchester at Binghamton, 7:05 p.m.
Connecticut at Providence, 7:05 p.m.
Portland at Wilkes-Barre/Scranton, 7:05 p.m.
St. John's at Hamilton, 7:30 p.m.
Adirondack at Norfolk, 7:30 p.m.
Hershey at Syracuse, 7:30 p.m.
Springfield at Worcester, 7:30 p.m.
Houston at Rochester, 7:35 p.m.
Peoria at Milwaukee, 8 p.m.
San Antonio at Oklahoma City, 8 p.m.
Lake Erie at Rockford, 8:05 p.m.
Abbotsford at Chicago, 8:30 p.m.
Saturday's games
Houston at Toronto, 3 p.m.
Binghamton at Worcester, 7 p.m.
Albany at Bridgeport, 7 p.m.
Texas at Charlotte, 7 p.m.
Chicago at Grand Rapids, 7 p.m.
Rochester at Hamilton, 7 p.m.
Portland at Hershey, 7 p.m.
Providence at Manchester, 7 p.m.
Connecticut at Springfield, 7 p.m.
Adirondack at Norfolk, 7:15 p.m.
Wilkes-Barre/Scranton at Syracuse, 7:30 p.m.
Milwaukee at Peoria, 8 p.m.
Oklahoma City at San Antonio, 8 p.m.
Abbotsford at Rockford, 8:05 p.m.

SOCCER

Yesterday's results
(Home teams listed first)

ENGLAND

LEAGUE CUP
Quarter-finals
Manchester United 1 Crystal Palace 2 (OT)

EUROPA LEAGUE

Group A
Rubin Kazan (Rus.) 4 Shamrock Rovers (Ire.) 1
Tottenham (Eng.) 1 PAOK Thessaloniki (Gre.) 2
Group B
Standard Liege (Belg.) 2 Hannover (Germ.) 0
Vorskla Poltava (Ukr.) 1 FC Copenhagen (Den.) 1
Group C
Legia Warsaw (Pol.) 0 PSV Eindhoven (Neth.) 3
Rapid Bucharest (Rom.) 1 Hapoel Tel Aviv (Isr.) 3
Group G
Malmo (Sweden) 0 AZ Alkmaar (Neth.) 0
Metalist Kharkiv (Ukr.) 4 Austria Vienna (Aus.) 1
Group H
Braga (Port.) 1 Birmingham City (England) 0
Maribor (Slovenia) 3 FC Bruges (Belgium) 4
Group I
Celtic (Scotland) 0 Atletico Madrid (Spain) 1
Rennes (France) 0 Udinese (Italy) 0

NFL

AMERICAN CONFERENCE

EAST	W	L	T	Pct	PF	PA
New England	8	3	0	.727	331	223
N.Y. Jets	6	5	0	.545	256	241
Buffalo	5	6	0	.455	261	281
Miami	3	8	0	.273	212	206
SOUTH	**W**	**L**	**T**	**Pct**	**PF**	**PA**
Houston	8	3	0	.727	293	179
Tennessee	6	5	0	.545	226	212
Jacksonville	3	8	0	.273	138	200
Indianapolis	0	11	0	.000	150	327
NORTH	**W**	**L**	**T**	**Pct**	**PF**	**PA**
Baltimore	8	3	0	.727	272	182
Pittsburgh	8	3	0	.727	233	188
Cincinnati	7	4	0	.636	259	215
Cleveland	4	7	0	.364	165	216
WEST	**W**	**L**	**T**	**Pct**	**PF**	**PA**
Oakland	7	4	0	.636	260	274
Denver	6	5	0	.545	221	260
Kansas City	4	7	0	.364	153	265
San Diego	4	7	0	.364	249	275

NATIONAL CONFERENCE

EAST	W	L	T	Pct	PF	PA
Dallas	7	4	0	.636	270	225
N.Y. Giants	6	5	0	.545	252	277
Philadelphia	4	7	0	.364	257	251
Washington	4	7	0	.364	183	222
SOUTH	**W**	**L**	**T**	**Pct**	**PF**	**PA**
New Orleans	8	3	0	.727	362	252
Atlanta	7	4	0	.636	259	227
Tampa Bay	4	7	0	.364	199	291
Carolina	3	8	0	.273	252	305
NORTH	**W**	**L**	**T**	**Pct**	**PF**	**PA**
Green Bay	11	0	0	1.000	382	227
Chicago	7	4	0	.636	288	232
Detroit	7	4	0	.636	316	246
Minnesota	2	9	0	.182	214	295
WEST	**W**	**L**	**T**	**Pct**	**PF**	**PA**
San Francisco	9	2	0	.818	262	161
Seattle	4	7	0	.364	185	232
Arizona	4	7	0	.364	213	256
St. Louis	2	9	0	.182	140	270

WEEK 13
Tonight's game
All times Eastern
Philadelphia at Seattle, 8:20 p.m.
Sunday's games
Kansas City at Chicago, 1 p.m.
Atlanta at Houston, 1 p.m.
Denver at Minnesota, 1 p.m.
Carolina at Tampa Bay, 1 p.m.
Cincinnati at Pittsburgh, 1 p.m.
N.Y. Jets at Washington, 1 p.m.
Oakland at Miami, 1 p.m.
Tennessee at Buffalo, 1 p.m.
Indianapolis at New England, 1 p.m.
Baltimore at Cleveland, 4:05 p.m.
St. Louis at San Francisco, 4:15 p.m.
Dallas at Arizona, 4:15 p.m.
Green Bay at N.Y. Giants, 4:15 p.m.
Detroit at New Orleans, 8:20 p.m.
Monday's game
San Diego at Jacksonville, 8:30 p.m.

TRANSACTIONS

BASEBALL

AMERICAN LEAGUE
BOSTON — Named Bobby Valentine manager.
CHICAGO — Named Marco Paddy special assistant to the general manager/internal operations.
DETROIT — Agreed to terms with INF Ramon Santiago on a two-year contract.
KANSAS CITY— Added RHP Jonathan Broxton to the 40-man roster. Designated INF Jeff Bianchi for assignment.
TAMPA BAY — Promoted Stan Boroski to bullpen coach, Chaim Bloom and Erik Neander to director of baseball operations and James Click to director of baseball research and development.

NATIONAL LEAGUE
CHICAGO — Agreed to terms with OF David DeJesus on a two-year contract.
PHILADELPHIA — Agreed to terms with RHP Scott Elarton, INF Kevin Frandsen, C Tuffy Gosewisch, LHP Pat Misch, INF Pete Orr, OF Scott Podsednik, RHP Brian Sanches and LHP Raul Valdes on minor league contracts.
PITTSBURGH — Agreed to terms with 1B/OF Nick Evans on a minor league contract.

FOOTBALL

NFL
BUFFALO — Placed DT Torell Troup on injured reserve. Signed DE Lionel Dotson from the practice squad. Signed LB Robert Eddins to the practice squad.
CHICAGO — Signed LB Thaddeus Gibson to the practice squad.
DETROIT — Signed DL Keyunta Dawson. Signed WR Marcus Harris to the practice squad. Placed WR Nate Hughes on practice squad injured reserve.
JACKSONVILLE — Placed S Courtney Greene on injured reserve. Waived WR Jason Hill. Signed CB Morgan Trent. Signed RB DuJuan Harris from the practice squad. Fired receivers coach Johnny Cox. Moved quarterbacks coach Mike Sheppard to receivers coach. Announced offensive co-ordinator Dirk Koetter will also serve as quarterbacks coach.
KANSAS CITY— Signed OL Rob Bruggeman & WR Zeke Markshausen to the practice squad.
MIAMI — Re-signed DT Ryan Baker & G Ray Feinga. Waived PK Shayne Graham & DT Igor Olshansky.
NEW ENGLAND — Signed DB Nate Jones.
N.Y. GIANTS — Signed LB Chase Blackburn. Placed OT Will Beatty on injured reserve. Signed WR Isaiah Stanback to practice squad. Terminated practice-squad contract of QB Ryan Perrilloux.
SAN DIEGO — Placed OT Marcus NcNeill on injured reserve. Signed Jared Gaither off waivers from Kansas City.
WASHINGTON — Signed CB Brandyn Thompson. Waived CB Domonique Johnson.

HOCKEY

NHL
NEW JERSEY — Announced C Brad Mills cleared waivers & was assigned to Albany (AHL).
TAMPA BAY — Re-signed D Victor Hedman to a five-year contract.
WINNIPEG — Recalled F Carl Klingberg from St. John's (AHL).

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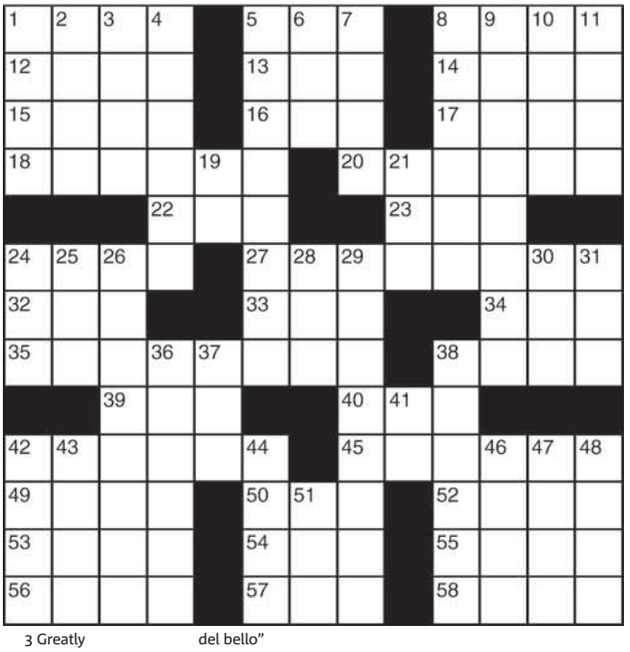
Crossword



Across
1 Practice boxing
5 Has permission
8 Suspend
12 Mah-jongg piece
13 Yoko of music
14 By word of mouth
15 Surmounting
16 Kvetch
17 Shrek is one
18 Fancy French cake
20 Offer as an example
22 $ dispenser
23 Comic DeLuise
24 Light bulb measure
27 Lengthwise and contiguous
32 Hearty quaff
33 "The Matrix" role
34 "There's — in team"
35 Huge
38 Norms (Abbr.)
39 GIs' entertainers
40 Work with
42 "The — of the Shrew"
45 Finicky cat in TV ads
49 Eye layer
50 Gorilla
52 Facility
53 German city
54 PC linking system
55 Cleo's river
56 Picnic invaders
57 "Guinness Book" suffix
58 Paradise

Down
1 Unescorted
2 Pocket bread
3 Greatly
4 Echo
5 Memorial building
6 Literary collection
7 Quiet exercise
8 Jinx
9 Fight
10 DEA worker
11 Jane Lynch's show
19 What @ means
21 Banned pesticide
24 Humorist
25 — Baba
26 Enveloping membrane
28 Verdi's "— giardin del bello"
29 Paper
30 Affirmative action?
31 Insult (Sl.)
36 Easterners
37 "Smoking or —?"
38 Tranquil
41 Therefore
42 Big brass
43 Shakespeare's river
44 Strong wind
46 Incursion
47 Wight or Man
48 Witnessed
51 — de deux

▶ Yesterday's answer

I	M	A	M		S	O	L		G	E	A	R
K	A	L	E		A	D	O		E	X	P	O
E	X	P	L	O	D	E	D		O	P	E	D
A	I	S	L	E			E	N	D	U	R	E
			O	R	A	L		E	E	N		
B	R	E	W		F	L	E	W		G	A	Y
R	E	X		C	R	A	W	S		E	N	E
A	M	P		H	O	M	E		A	D	D	S
		E	R	A		A	S	P	S			
M	I	L	O	R	D			S	H	A	R	I
O	S	L	O		E	X	P	I	A	T	E	D
S	L	E	D		M	I	D		M	O	D	E
T	E	D	S		O	V	A		E	P	O	S

Sudoku

		6					1	
7	4						3	2
		5	7			9	8	
5				8	2		6	
				7				
	8		5	4				3
	9	3			1	4		
8	5						9	6
	2					3		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	7	4	3	9	2	5	8	6
6	3	9	4	8	5	1	7	2
8	2	5	6	7	1	3	4	9
7	1	3	2	4	8	6	9	5
5	4	6	9	1	7	2	3	8
9	8	2	5	6	3	4	1	7
3	9	1	7	5	6	8	2	4
2	5	7	8	3	4	9	6	1
4	6	8	1	2	9	7	5	3

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Maxinum Newf, I am missing you so much these days, you seem to be so distant from me lately and I am confused as to why. I want to get back to US and how we were before all the stress. I love you with all my heart and hoping we can work thru all this. **NEWFS SWEETIE FOREVER.**

BABY ELLE. Sweet little piglet, every time I see your face it's like fireworks! I know your knees get weak when you see me, like that time you fell on my lawn! LOL Your the sweetest and your so adorable when your quiet and shy! Don't worry, we'll be together again soon... 4ever, **LBM**

This message is for all the lovers, life is short. STOP wondering and WASTING time. if your Love means that much to you, Show them. love peace and happiness **SOME1WHOUNDERSTANDS**

A look at the weather

TODAY	FRIDAY	SATURDAY
Min -10°	Min -2°	Min -11°
Max 3°	Max -1°	Max 1°

Andrew Schultz, Meteorologist
BT BREAKFAST TELEVISION
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 5:30AM**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 The only way you are going to realize your dream is to go your own way and do your own thing.

♉ Taurus April 21-May 21 If others try tell you that you will achieve more in the long-term by backing off, don't listen to them.

♊ Gemini May 22-June 21 Keep a sense of perspective today, especially when large sums of money could be up for grabs.

♋ Cancer June 22-July 22 Others will be very demanding over the next 24 hours. If you know what's good for you, do as they say.

♌ Leo July 23-Aug.23 If you are unhappy with certain aspects of your life, especially work, now is the time to do something about it.

♍ Virgo Aug. 24- Sept. 22 You may have to postpone something you have been looking forward to, but you have promises to keep.

♎ Libra Sept. 23-Oct. 23 If you have been taking too much for granted on the home front, today will bring you back to earth.

♏ Scorpio Oct. 24-Nov. 22 Today, you will discover someone has deceived you. The signs were there from the beginning.

♐ Sagittarius Nov. 23-Dec. 21 Something that has been nagging at your mind for ages will suddenly make perfect sense.

♑ Capricorn Dec. 22-Jan. 20 You may need to talk tough with someone today. Let your charm smooth off the rough edges.

♒ Aquarius Jan. 21-Feb. 18 You've worked hard and are wondering when you will see a reward. Don't be so impatient. It'll come.

♓ Pisces Feb. 19-March 20. You will be proved right today. Don't make the person who was wrong feel small. **SALLY BROMPTON**

RAJESH KUMAR SINGH/THE ASSOCIATED PRESS

Caption contest

KOJI SASAHARA/ THE ASSOCIATED PRESS

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